



Sweden/Clarkson

Recreation

Summer 2010 Program Information



4927 Lake Rd. S.
Brockport, NY 14420
Phone: 585-431-0090
Fax: 585-431-0052
Weather Line: 585-431-0085



Get Up, Get Out, Get Moving!

Special Events:

SWEDEN CLARKSON COMMUNITY CENTER PRESENTS THE 7TH ANNUAL JULY 3RD INDEPENDENCE DAY CELEBRATION!

July 3, 2010 from 7-10PM WITH FIREWORKS AT 9:45PM
All festivities will take place outside the Sweden/Clarkson
Community Center

Featuring:

Music by Pied Piper Music
Face painting
Bounce house for the children
Games
Local Vendors
Hot Food
Drinks
Safety town maze for the little ones

Clarkson Good Neighbor Days

August 28, 2010 @ Hafner park in
Clarkson please contact 637-1130 for
more information!!

2nd Annual Clarkson Classic 5K Run/Walk

- To be held on August 28, 2010 @ 9 a.m.
- Part of Clarkson Good Neighbor Days
- Information and pre-registration forms
can be found on the town's
web site: www.Clarksonny.org
 - Last year was so much fun; start
your training now!



Clarkson Rodeo 2010

Clarkson Rodeo Days is coming June 11th, 12th, 13th
Tickets \$15 Adults, \$5 Child (5 and under are free)
for more information visit us at:
www.clarksonrodeo.com



Programs for All Ages

Team Building Soccer Camp #3268-A

Bring your whole team or part of your team and have fun while learning to work together and play soccer as a team.

MONDAY-FRIDAY

Dates: August 9th - August 11

Time: 6-7:30pm **Location:** Brockport Middle School Soccer Fields

Cost \$44.00 **Ages:** 7-12

Coaches: Amy Phillips and Danielle Mesiti

Call 703-7690 for more info.

Puppy Kindergarten #3268-B

Eliminate problem behaviors before they begin. Learn to understand your dog's personality, and how to respond with an appropriate level of correction and/or praise in an interactive and safe setting. This class will focus on the proper socialization between puppies and their human counterparts. These skills will also be incorporated with ways to handle house training, nipping, jumping, chewing, etc. Need proof of distemper series & kennel cough.

Dates: Sat. July 10– July 31 **Time:** 9-10a.m. **Fee:** \$50

Location: SCCC gym **Instructor:** Animal Behavior Specialists Inc.

Basic Dog Obedience #3268-C

Develop a mutual respect between you and your dog. Learn to use this relationship to master basic obedience commands, such as sit, stay, down, come, heel and stand. We use soft, effective training methods, which enable the dog to trust and respect their family.

We emphasize verbal praise over a food reward to ensure that your dog is willing to work any time, any where. This class also includes a discussion which covers behaviors such as: dominance, nipping, chewing, jumping, digging, etc. Need proof of distemper series, kennel cough & rabies.

Date: Sat. July 10– Aug 28 (no class 8/21)

Time: 10-11 a.m. **Fee:** \$85 **Location:** SCCC gym

Instructor: Animal Behavior Specialists Inc.

Intermediate Dog Obedience #3268-D

This class will begin to develop your dog into the dog you can take anywhere. Longer down and stay commands for those picnics in the park, heeling off leash, social greetings that teach your dog proper introductions to new human and canine friends all give you and your dog more freedom without loss of control. Need proof of distemper series, kennel cough & rabies.

Date: Sat. July 10– Aug 14 **Time:** 11-12pm **Fee:** \$75

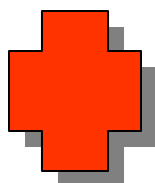
Location: SCCC gym

Instructor: Animal Behavior Specialist Inc.

American Red Cross Health Safety Classes

These classes are designed for those of you who have never been certified, who haven't been certified in a few years, or those of you who would like the benefits of the full course. If you are currently certified and wish to take a review course, please consider one of the review classes below. (Prices include ALL materials!!!)

Course	Date	Time	Price
Standard First Aid #3268-E	Saturday, August 7th	Noon-4:00	\$30.00
CPR/AED – Adult and Child & CPR Infant #3268-F	Saturday, August 7th	9:00-Noon	\$30.00
CPR/AED Professional Rescuer #3268-G	Saturday, August 14th	Noon-6:00	\$55.00



American Red Cross Health Safety REVIEW Classes

These classes are designed for those of you who have been previously certified and need to re-certify. If you have never been certified please consider one of the classes above. (Prices include ALL materials!!!)

Course	Date	Time	Price
Standard First Aid Review #3268-H	Sunday, August 8th	Noon-3:00	\$20.00
CPR/AED – Adult and Child & CPR Infant Review #3268-I	Sunday, August 8th	10:00-Noon	\$20.00
CPR/AED Professional Rescuer Review #3268-J	Sunday, August 15th	Noon-4:00	\$40.00

Toddlers Ages 2-5

Mini Kickers Soccer Camp #3268-K

Come have fun learning to play soccer with fun games and small sided scrimmages.

MONDAY-WEDNESDAY

Dates: August 9th - August 11

Time: 5:00-6:00 pm **Ages:** 3-5

Location: Brockport Middle School Soccer Fields

Cost: \$20.00

Coaches: Amy Phillips and Danielle Mesiti

Start Smart Golf #3268-L

This class teaches children the basic motor skill necessary to play golf. The lessons focus on teaching children and their parent's basic sport mechanics without the fear or threat of competition. *Parent participation required.*

Day: Tuesdays **Date:** 6/29-8/3 **Time:** 5:45-6:30

Ages: 3-5 **Location:** S.C.C.C. **Fee:** \$19.00

Start Smart Soccer I #3268-M

This class teaches children the basic motor skill necessary to play organized soccer. The lessons focus on teaching children and their parent's basic sport mechanics without the fear or threat of competition. *Parent participation required.*

Day: Tuesdays **Date:** 6/29-8/3 **Time:** 6:45-7:30

Ages: 3-5 **Location:** S.C.C.C. **Fee:** \$19.00

Start Smart Soccer II #3268-N

This class teaches children the basic motor skill necessary to play organized soccer. The lessons focus on teaching children and their parents basic sport mechanics without the fear or threat of competition. *Parent participation required.*

Day: Saturdays **Date:** 6/26-7/31 **Time:** 9:00-9:45

Ages: 3-5 **Location:** S.C.C.C. **Fee:** \$19.00

Start Smart Baseball #3268-O

This class teaches children the basic motor skill necessary to play organized baseball. The lessons focus on teaching children and their parent's basic sport mechanics without the fear or threat of competition. *Parent participation required.*

Day: Saturdays **Date:** 7/17-8/21 **Time:** 10:00-10:45

Ages: 3-5 **Location:** S.C.C.C. **Fee:** \$19.00

Start Smart Sports Development #3268-P

This class teaches children the basic motor skill necessary to play organized sports. The lessons focus on teaching children and their parent's basic sports mechanics in a variety of sports including basketball, soccer and football. *Parent participation required.*

Day: Saturdays **Date:** 7/17-8/21 **Time:** 11:00-11:45

Ages: 3-5 **Location:** S.C.C.C. **Fee:** \$19.00

Co-ed Toddler 1-Base T-Ball #3268-Q

This 6-week league offers 2 weeks of practice/instruction followed by 4 weeks of instructional modified "games". Volunteer coaches needed!

Day: Saturdays **Dates:** 5/22-6/26

Time: 9:30am

Age: 3-5 year olds **Location:** STP **Fee:** \$19.00

Toddler Arts & Crafts Camp #3268-R

Join us for a week of making arts and craft projects!

Please wear old clothes!

Date: 8/16-8/19 **Day:** M-Th

Time: 10:00-10:45 **Ages:** 3-5 **Fee:** \$15

Instructor: Carrie Graham

Location: SCCC Cafeteria

Toddler Tumbling Camp #3268-S

Learn the basic knowledge of how to do somersaults, backbends, headstands, ect.

Day: M-Th **Time:** 5:15-6:00 **Ages:** 3-5

Date: 8/9-8/12 **Price:** \$22.00

Instructor: Carrie Graham **Location:** SCCC

Twinkle Toes Dance Camp #3268-T

Learn and introduction to tap and ballet styles of dance! Tap shoes required.

Day: M-Th **Time:** 10-10:45am **Ages:** 3-5

Date: 8/2-8/5 **Price:** \$15.00

Instructor: Carrie Graham **Location:** SCCC

Preschool Summer Camp 2010

@ the Sweden/Clarkson Recreation Center!

4927 Lake Road, Brockport

MWF 9:15 - 11:30am

Ages: 3-5 Fee: \$32.00/Week

MUST BE POTTY TRAINED

Instructor: Kelly Young 208-2983

Theme Weeks Include:

Week 1-June 22nd-26th - Welcome to Summer! #3267-A

Week 2-June 28th-July 2nd-Dr. Seuss Story/Art Week! #3267-B

Week 3-July 5th-9th - Sports Fun! #3267-C

Week 4-July 12th-16th - Reptile Week! #3267-D

Week 5-July 19th-23rd - Space Adventure! #3267-E

Week 6 - July 26th-30th - Eric Carle Art Week! #3267-F

Week 7 - August 2nd-6th - GO GREEN! #3267-G

Week 8 - August 9th - 13th - Healthy Me! #3267-H

Week 9 August 16th - 20th - Science Explorations! #3267-I

Week 10 - August 23rd - 27th - Zoo Animals! #3267-J



Bright Beginnings Preschool

...where children shine



September 2010 ~ May 2011

Pre-Kindergarten Program for 4-year olds

Mon/Wed/Fri ~ 9:15 a.m.—11:45 a.m.

Fee: \$975*/\$25 non-refundable registration fee

Our curriculum prepares your child for kindergarten!!

Preschool Program for 3-year olds

MUST BE POTTY TRAINED!

Tues/Thurs ~ 9:15 a.m.—11:30 a.m.

Fee: \$775*/\$25 non-refundable registration fee



We prepare your child socially, emotionally and academically.
We offer a nurturing environment, experienced teachers
and parent involvement!

Instructors: Mrs. Ellen Kimmel & Mrs. Margaret Melia

For more information: 431-0090 (front desk)
431-0091 (classroom)

*Payments can be made.

A Room 2 Grow

Beginner Preschool Program for 2-year olds

September 2010—Mid May 2011

Mon/Wed ~ 9:30 a.m.—11:15 a.m.

Tues/Thurs ~ 9:30 a.m.—11:15 a.m.

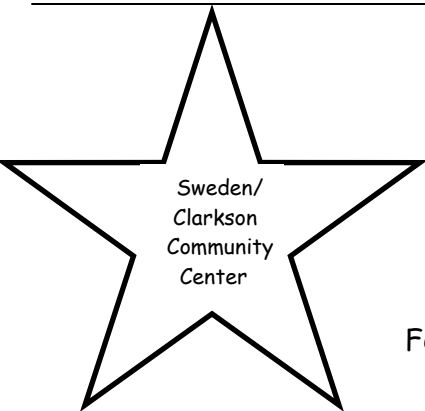
Fee: \$700/\$25 non-refundable registration fee

**Activities, Circle Time, Stories, Snack, Play Gym, Music
and so much more!**

No need to be potty trained — we provide diaper changing service
and help with potty training.

Instructor : Mrs. Kelly Young

For more information: 208-2983
431-0090 (front desk)





Summer Playground 2010

- Week 1 6/24-6/25 \$30.00 * Jump start summer! #3269-A**
- Week 2 6/28-7/2 \$100.00 *Hamlin Beach (Wed) #3269-B**
- Week 3 7/5-7/9 \$125.00 *Roseland Water Park (Wed) #3269-C**
- Week 4 7/12-7/16 \$125.00 *Darren Lake (Wed) #3269-D**
- Week 5 7/19-7/23 \$100.00 *Letchworth State Park (Wed) #3269-E**
- Week 6 7/26-7/30 \$100.00 *Horizon Fun F/X (Wed) #3269-F**
- Week 7 8/2-8/6 \$100.00 *Point Breeze Park (Wed) #3269-G**
- Week 8 8/9-8/13 \$125.00 *Sea Breeze (Wed) #3269-H**
- Week 9 8/16-8/20 \$75.00 *Brockport Bowl (Wed) #3269-I**
- Week 10 8/23-8/27 \$75.00 *Strand Theater (Wed) #3269-J**

Daily Rate is \$20.00/day without field trip or \$35.00 with field trip

Camp runs daily M-F 8:30am-4:30pm

7-8:30am & 4:30-6pm are the hours for early & late care \$6.00 for either per day or \$20.00 for both for the entire week

Weeks 1,3,4,5,7,8,9,10 held at community center Weeks 2,6 at Hafner Park in Clarkson

CIT's (completed 7th grade & starting 9th grade)

Jr. Counselors (completed 9th grade and starting 11th grade)

CIT & Jr. Counselor positions need to be applied for and an interview process will be completed.

CIT's & Jr. Counselors pay the daily or weekly rate as above

We look forward to a busy fun summer!



Card Board City Over Night to Raise Awareness about Homelessness

Friday, August 13th

The summer playground children & the Assets group from Brockport Central School will work together for seven weeks from June 24th - August 13th to create cardboard buildings of all shapes & sizes and sleep in them on Friday, August 13th. ***They are asking the community to please drop off toiletries of all kinds at the two locations, Sweden Clarkson Community Center & Sweden Town Hall in the designated boxes during those seven weeks.*** And the evening of August 13th the children will make care packages for the homeless and the care packages will be delivered to local homeless families.

Summer Sports Camps and Clinics

HAGE HOGAN Basketball Camp

MONDAY-FRIDAY

Dates: June 28-July 2

Grades 3-6: 8am-12pm #3269-K

Grades 7-12: 10am-4pm #3269-L



New Time!

Fees: 3 – 6 \$ 90.00 Resident

*2nd Participant \$ 80.00 Resident

\$95.00 Non-Resident

7 – 12 \$ 130.00 Resident

*2nd Participant \$ 115.00 Resident

\$135.00 Non-Resident

Location: Brockport Middle School/ Sweden

Clarkson Community Center

Coach: Charlie Hage & Jack Hogan

COED Soccer Camp #3269-M

MONDAY-FRIDAY

Dates: August 9– August 13

Grades: K-5 **Time:** 6-7:30pm

Coach: Amy Phillips **Fee:** \$44.00

Location: Modified Soccer Field

Boys Baseball Camp

MONDAY-FRIDAY

Dates: July 5-July 9

#3269-N Grades 3-6 9-11am

#3269-O Grades 7-9 9-12pm

Coach: Brian Jones **Fee:** \$44.00

Location: Sweden Town Park

Girls Volleyball Camp #3269-P

MONDAY-FRIDAY

Dates: August 2– August 6

Grades: 2-12 **Time:** 12:30-2:30

Coach: Cathy Hummel **Fee:** \$44.00

Location: Sweden Clarkson Community Center

Boys Lacrosse Camp

Register for grade you will be entering in Fall 2010

MONDAY-WEDNESDAY

Dates: July 12– July 14

#3269-Q Grades K-6 8-10am

#3269-R Grades 7-12 10-12pm

Coach: Ryan Egan **Fee:** \$44.00

Location: District office field at BCS by Tennis Courts

Multi- Sports Camp

New this year join Sweden Clarkson Recreation in conjunction with US sports institute for a week long sports camp that touches a little on many sports! Sports include: Bocce, Flag football, Lacrosse, Rugby, Tennis, World Cup, Baseball, Cricket, Field Hockey, Net Ball, Soccer, Badminton, Basketball, Volleyball, Handball, Pillo Polo, Softball, and Parachute Games.

MONDAY-FRIDAY

Dates: July 19– July 23

#3269-S Ages: 5-7 **Time:** 9-1pm **Fee:** \$149.00

#3269-T Ages: 8-13 **Time:** 9-3pm **Fee:** \$169.00

Coach: Professional Coaches from the UK

Location: Sweden Clarkson Community Center

Boys JV/Varsity Volleyball Camp #3269-U

Sunday-Wednesday

Dates: July 18-July 21

Grades: 9-12 **Time:** 8am-3pm **Fee:** \$100.00

Location: Oliver Middle School

Tennis Camp #3269-V

Monday-Friday

Dates: August 16-20 **Time:** 11:30am-1:30pm

Ages: 7-12 **Fee:** \$24.00

Location: Brockport HS Tennis Courts

Grassroots Field Hockey #3269-W

The aim of this program is to promote the great sport of field hockey by teaching the basic skills in a fun and safe environment. A mouth guard and shin guards are mandatory. You are encouraged to bring your own stick if able.

Please contact Tori Warzeski at 585-506-5404 for any further questions you may have

Dates: July 7, 14, 21, 28, Aug 4, 11 **Day:** Wed

Ages: 8-13 **Time:** 6-7:30pm **Location:** SCCC

Coach: Tori Warzeski **Fee:** \$40.00

"Next Level" Field Hockey #3269-X

Aim: Master the basics while building on previously learned skills so you are ready for your next season.

Elevate your trapping, receiving, passing, dribbling, and shooting. Perfect your defensive techniques! Gain insight for the communicating and decision making required for being an excellent teammate! Please contact Tori Warzeski at 585-506-5404 for any further questions you may have.

Day: Mondays **Dates:** July 5, 12, 19, 26, Aug 2, 9

Time: 6-7:30pm **Coach:** Tori Warzeski **Fee:** \$50.00

Athletes: Modified, Junior Varsity, Varsity Players.

Location: SCCC

Beginner Cheerleading Camp #3269-Y

Learn beginner cheer moves and combine them to make simple routines.

Day: M-Th **Time:** 5:15-6:15 **Ages:** 6-10

Date: 8/16-8/19 **Price:** \$22.00

Instructor: Becky Gibbens **Location:** SCCC

Intermediate Cheerleading Camp #3269-Z

A basic background in cheerleading, will lead your child to the next step with basic stunts, cheers & routines.

Day: M-Th **Time:** 6:30-7:30 **Ages:** 8-12

Date: 8/16-8/19 **Price:** \$22.00

Instructor: Nicole Ziegler **Location:** SCCC

Tumbling Camp #3270-A

Handstand, cartwheels, round offs, walkovers are just a few of the tumbling moves that will be taught at this summer's tumbling camp.

Day: M-Th **Time:** 6:30-7:30 **Ages:** 6-10

Date: 8/9-8/12 **Price:** \$22.00

Instructor: Carrie Graham **Location:** SCCC

Youth and Teen Programs

Youth Cooking Camp #3270-B

Make it, Cook it, Bake it and eat it!

Day: M-The **Time:** 6:00-7:00 **Ages:** 8-12

Date: 8/1-8/5 **Price:** \$22.00

Instructor: Becca Wright **Location:** SCCC

Youth Golf @ Brockport Country Club #3270-C

Come on out with your child and have some fun on the golf course. This junior program gets kids involved while scaling the course down so they can succeed. Your child will get 9 holes of golf for 5 weeks with this program. It is required that parents are with their children.

Kids Ages 4 – 7 tee off from the 100 yard marker

Kids Ages 8 – 9 tee off from the 150 yard marker

Kids Ages 10 – 11 tee off from the 200 yard marker

Kids Ages 12 –15 tee off from the Red yard marker

Date: 6/7-7/5 **Day:** Mon **Time:** 6pm **Ages:** 15 and under

Location: Brockport Country Club **Price:** \$30

Co-ed Total Sports Camp #3270-D

Come and join us for the 2nd annual S/C Rec Total Sports Camp. This two-week camp will spend 2 days focusing on specific sports. The sports covered will be:

- Basketball (July 5th & 6th) #3270-E

- Volleyball (July 7th & 8th) #3270-F

- Soccer (July 9th & 12th) #3270-G

- Football (July 13th & 14th) #3270-H

- Baseball/Softball (15th & 16th) #3270-I

This camp is designed to provide children with the fundamentals of each sport. This is a great way to get your child out of the house and participating in physical activity.

Dates: July 6th-July 17th **Ages:** 6 & up **Time:** 9:00-11:00am **Fee:** \$10 per sport or \$44 for all 5

Instructor: Leonard Ward

Soccer Goalie Clinics

This two weekend clinic is designed to teach and enhance soccer goalie skills. A goalie is the most important player on the field and he or she needs to be educated on the proper skills.

Day: Saturdays **Dates:** 5/15 and 5/22 **Location:** S.C.C.C

#3270-J **Age:** 7-10 year olds **Time:** 11:00-12:00 **Fee:**\$10.00

#3270-K **Age:** 11-15 year olds **Time:** 12:00-1:30 **Fee:**\$12.00

Instructor: Rob Wheeler

Tae Kwon Do for Youth

Ever wonder what Tae Kwon Do is all about? Come join us to experience the benefits of a martial arts class.

Date: Mondays & Thursdays

#3270-L Session I June 14– July 22 and/or

#3270-M Session II July 26-Sept 2

Time: 5:30-6:15 pm **Ages:** 5+ **Instructor:** Todd Longstreth

Fee: \$21 for one session or \$31 for both

Location: SCCC multi purpose room

French For Beginners #3270-N

Have fun while learning the basics of French language and culture! Students will participate in games, make crafts, and complete interactive activities which will help learn French.

Date: 6/28-8/2 **Day:** Mon **Time:** 7:00-8:00 **Ages:** 6-11 **Fee:** \$29

Instructor: Dina Austin **Location:** SCCC Cafeteria

Pizza & Movie Night #3270-O

Bring your friends and join us for some pizza and a great movie! Parents are welcome to stay but are not required.

Date: 7/23 **Day:** Fri **Time:** 5:30-7:30

Ages: 8-12 **Fee:** \$5 **Location:** SCCC Cafeteria

Basketball Camp (Co-Ed) #3270-P

Learn the basics of basketball.

Date: 7/12-7/14 **Day:** Mon-Wed **Time:** 8:30-10:30 **Grades:** K-4

Fee: \$25 **Instructor:** Orlando Benzan

Location: SCCC

Outdoor Adventure

Archery for Fun #3270-Q

Come Moms, Dads & children, all equipment included. Learn the basics of archery and enjoy the company of family on a summers evening.

Day: Tues **Time:** 6:00-7:00pm **Ages:** All

Date: 8/10-8/31 **Price:** \$44.00

Instructor: Certified Creek Wood Instructors

Location: Creek Wood Archery

Outdoor Family Game Day #3270-R

For a couple hours of afternoon fun come and get involved in Badminton, Horseshoes, Can Jam etc.

Day: Sat **Time:** 3:00-4:00pm **Ages:** All

Date: July 31st **Price:** \$5.00

Instructor: Becca Wright **Location:** SCCC

Springdale Farm Day Trip #3270-S

Meet us at Springdale Farms for a guided tour of the animals, museum & wonderful great out doors. End the day trip with a scavenger hunt.

Day: Fri **Time:** 9:30am-12:00pm **Ages:** All

Date: 8/20 **Price:** \$10.00

Instructor: Springdale Farms Tour Guide

Location: Springdale Farms

Charter Fishing Trip #3270-T

Includes all equipment, lesson and charter. Adults over the age of 16 need a fishing license. Please bring snacks & drinks

Day: Wed **Time:** 12-5pm **Ages:** All

Date: 6/30 **Price:** \$75.00

Instructor: Ron Penna **Location:** Point Breeze

Backyard Games #3270-U

We will organize old school backyard games such as kickball, spud, badminton, wiffle ball and more!

Date: 7/22-8/12 **Day:** Thurs **Time:** 6:00-7:00 **Ages:** 8-12

Fee: \$10 **Instructor:** Carrie Graham **Location:** SCCC Hill

Youth & Teen Sports Leagues & Arts and Crafts

4on4 In-House Lacrosse League

Want to stay in shape and still play lacrosse after the season is over? PERFECT!!! Two practices to start followed by 6 games. All equipment and jerseys are provided.

Day: Saturday's **Dates:** June 19th – August 14th
Location: SCCC **Ages:** 3 divisions (see below)

Time: 10-11:00



K-2nd Grade #3271-A
Fee: \$10.00

3rd-4th Grade #3271-B
Fee: \$10.00

5th-6th Grade #3271-C
Fee: \$10.00



5 on 5 Coed Pick-Up Street Hockey League #3271-D

Date: 7/25-8/29 **Day:** Sun
Time: 4-6pm
Ages: 9-12 **Fee:** \$10 per person
Location: Sweden Town Park

Arts and Crafts

Father's Day Craft #3271-E

Come make a special gift for dad to give on Father's Day!

Date: 6/19 **Day:** Sat **Time:** 2:00-3:00
Ages: 3+ **Fee:** \$5 **Instructor:** Carrie Graham
Location: SCCC Cafeteria

Create A Flag Craft 3271-F

Celebrate the 4th of July by making an American flag project!

Date: 6/26 **Day:** Sat **Time:** 2:00-3:00
Ages: 5+ **Fee:** \$5 **Instructor:** Carrie Graham
Location: SCCC Cafeteria

Teen Painting #3271-G

Join us in learning new styles of painting and creating a piece of art each week.

Date: 8/3-8/24 **Day:** Tues **Location:** SCCC
Time: 7:00-7:45 **Ages:** 12-17 **Fee:** \$19
Instructor: Leonard Ward

Make Your Own Tie-Dye Shirt! #3271-H

Bring a white shirt and we will create an awesome tie-dye design! No need to worry about the mess afterwards!

Date: 7/12 **Day:** Mon **Time:** 6:00-7:00
Ages: 6+ **Fee:** \$8 **Instructor:** Carrie Graham **Location:** SCCC

Let's Build A Kite! #3271-I

Create your very own kite! We will assemble them, then fly them on the hill.

Date: 7/24 **Day:** Sat **Time:** 2:00-3:00
Ages: 5+ **Fee:** \$10 **Instructor:** Carrie Graham **Location:** SCCC

Scrapfest #3271-J

Do you want to have time to get your pictures in albums. Join us for a day of fun and expert advice from a Creative Memories consultant. Bring your scrapbooks and materials to work on your pictures. Supplies may be purchased. Breakfast and a light lunch will be furnished with your registration. Door prizes awarded. Age 16+

Date: Saturday, July 24 **Time:** 8 a.m.-2:30 p.m.
Fee: \$25 **Instructor:** Jamie Olsen

Adult Programs

"Real-Life Moves" Station Training #3271-K

This fitness program is designed to keep the participant on their feet and moving. There will be a cardiovascular element combined with patterns of movement that we commonly use in our daily life--Real Life! Balance, Flexibility and Coordination exercises represent the fundamental building blocks of a good fitness program, so besides our emphasis on improving muscle length, strength and tone, expect to be on one foot at times! You will be moving through multiple stations of functional training exercises in this class.

Date: MW June 28-Aug 4 **Time:** 5:45-6:45 p.m. **Fee:** \$39
Instructor: Amber Nichols ATC, MS Of Agape Physical Therapy

EnCore Ball-Fit and Flex! #3271-L

This fitness program will feature Therapy BALL training exercises combined with a physical therapy training approach to spine care. The goal is to develop optimal length, strength and tone in the muscles of our body's core area. Our body's "core" include the muscles of our entire back, abdomen, pelvis and hips. Tips to great spine health will be provided.

Date: T, TH June 29-Aug 5 **Time:** 5:45- 6:45 p.m. **Fee:** \$39
Instructor: Esther Nowak, PT of Agape Physical Therapy

All-Time Golf-Fit Program #3271-M

It's mid-season and it's time to restore and replenish! Swing pain free and with ease by getting back to basics with a physical therapy approach to golf fitness! Get on course and finish your season on par!

Date: T, Th Aug 3-Aug 26
Time: 8 a.m. **Fee:** \$39
Instructor: AJ Hanaburgh, PT of Agape Physical Therapy

Barns of Sweden #3271-N

Sweden historian, Kathy Goetz, has been working on chronicling the barns in the Town of Sweden. This power point presentation will offer an exciting look at a part of our history that is disappearing.

Date: Wednesday, June 16
Time: 6:30-7:30 p.m.
Fee: free, but pre registration required by June 9
Location: Sweden/Clarkson Community Center

Adult Programs

Training: Functional Circuit #3271-O

A workout for beginners that can be progressed to the expert level. If you want to tone the body, increase your strength, and lose the weight, this class is for you. Circuit training increases the heart rate (burns calories) while toning the muscles. It is an intense, enjoyable class that will have you begging to come back 5 days a week. This class is great for those who are not quite sure what to do when they go to the gym, or people that feel like they are not doing it right, or getting the results they want. Have you plateaued? Can't drop the weight? Need a boost or new ideas? Keep your body guessing and get the weight coming off.

Date: Thursdays, June 24– Aug 5 **Time:** 7-8 p.m. **Fee:** \$39

Instructor: Robert Wheeler

Fundamental Fitness Training #3271-P

Teach the body to work as a strong, balanced, coordinated unit. Total body synergy is achieved through compound exercises that develop core strength and an awareness of the interactions between the limbs of the upper and lower body. The use of light-weights, resistance bands, and Swiss balls are central to the Fundamental Fitness training style. A blend of high and low intensity cardiovascular exercises, incorporated into the strength training session, ensure a high-energy workout.

Date: Saturdays, July 10-Aug 14 **Time:** 11 a.m. **Fee:** \$39

Instructor: Robert Wheeler

A New State of You #3271-Q

Join us for lively, interactive classes about nutrition, fitness, and stress management. Topics include: "good" fat vs "bad" fat; "commercial exercise"; building margins into your life; reading food labels and much more.

Wear sneakers, bring a notepad, pen and your bottle of water.

Date: Thursday, July 8—Aug 12 **Time:** 6-7:30 p.m.

Fee: \$39 **Instructor:** Barb Blosenhauer

Introduction to Square Dance #3271-R

Come join in a fun, social, easy exercise. No special attire needed and a partner is helpful but not necessary. Learn some of the basic moves of square dancing and learn how you can "dance in a square and make a circle of friends." Teacher is Mike Callahan who calls locally for clubs and schools. He is known nationally and will be recognized this year for his 50 years of Square Dance calling. Cloverleaf Squares members will be on hand to assist in the squares. No previous dance experience necessary.

Date: Thursday, July 29-August 19

Time: 6:15-7:45 p.m. **Fee:** \$25 per person **Location:** SCCC

Age: 18 plus or children 10 and over accompanied by a participating adult.

Organizing, Calming and De-stressing Your Life #3271-S

Join Donna Olsen, a professional organizer, educator, consultant, author and owner of "From Chaos to Calm™" for a fun, informative and interactive evening. Discover how to calm your life, environment and spirit by utilizing systems and creating habits for: time management, kids and schoolwork, managing work and home, household chores, laundry, meal planning and shopping. Gain an understanding of clutter and stress while learning techniques to de-clutter and de-stress.

Date: Wednesday, July 21 **Time:** 6-8 p.m. **Fee:** \$20

Minimum 5 Location: SCCC conference

Vinyasa Flow Yoga

Soothe your body and soul with this user-friendly yoga workout when you are feeling stressed and tight. Bring a yoga mat and a blanket.

#3271-T Session I Date: Mondays June 28-July 26 **Fee:** \$29

#3271-U Session II Date: Mondays August 2-Aug 23 **Fee:** \$24

Location: SCCC adult fitness **Time:** 7-8 pm

Age: 16+ **Instructor:** Barb Whited

Tae Kwon Do for Adults

Experience the benefits of setting new goals through a well-rounded martial arts exercise program. This class teaches the disciplines of Tae Kwon Do plus Shao-lin Chin-na Kung Fu specifically designed for adults.

Date: Mondays & Thursdays

#3271-V Session I Date: June 14-July 22

#3271-W Session II Date: July 26– Sept 2

Time: 6:30-8 pm **Ages:** 13+ **Instructor:** Todd Longstreth

Fee: \$21 for one session, \$31 if sign for two consecutive sessions.

Location: SCCC multi purpose room

Power Pilates Beginning Mat #3271-X

This top-notch mat workout is a systematic approach to strengthening and stabilizing the core of the body. A repertoire of exercises developed by Joseph H. Pilates will be first taught with precision then progress into a flowing energetic routine.

Bring a ¼ to ½ inch mat with you to class.

Date: Wednesday, July 7-August 4

Time: 10-10:45 am **Age:** 18+ **Fee:** \$25 **Min 2 Max:** 10

Instructor: Laura Scheer **Location:** SCCC Adult Fitness

Zumba #3271-Y

If you have heard about the great fun that is sweeping the country in Zumba classes, join us for the easy-to-follow moves to create a one-of-a-kind fitness program. Our goal is simple: We want you to want to work out, to love working out, to get hooked.

Date: Mondays, July 12– August 16 **Time:** 6:30-7:30 pm

Instructor: Shelley Hensel **Fee:** \$30 **Location:** SCCC gym

Minimum: 7

Interior Design: An Introduction #3271-Z

Discover how to create the look you want in your home with the help of our professional designer. Learn basic design principle, color theory, and a variety of inexpensive, practical tips to enhance your home's interior. Come prepared with a few pictures of rooms that you want to change.

Date: July 20-August 10 **Time:** 6:30-7:55pm

Fee: \$30.00 **Location:** SCCC conference

Instructor: Karen Reichert of Design & Interiors Center, Inc.

Adult Golf @ Brockport Country Club #3272-AA

Want to hit the links and meet some new golf buddies? Then sign up for our friendly golf outings. Your fee covers 9 holes of golf and a cart every Monday for 5 weeks!

Date: 6/7– 7/5 **Day:** Mon **Time:** 5:15pm **Ages:** 16+

Location: Brockport Country Club **Price:** \$65

Swimming

Tot Swim Level 1 Beginner This level will get your child comfortable with the water!

Session I #3272-A
Date: June 28th-July 2nd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session II #3272-B
Date: July 12th-July 16th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session III #3272-C
Date: July 19th-July 23rd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session IV #3272-D
Date: July 26th-July 30th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Tot Swim Level 2 Intermediate This level will prepare your child to feel safe in the water.

Session I #3272-E
Date: June 28th-July 2nd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session II #3272-F
Date: July 12th-July 16th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session III #3272-G
Date: July 19th-July 23rd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session IV #3272-H
Date: July 26th-July 30th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Tot Swim Level 3 Advanced This level will get your child comfortable with the water!

Session I #3272-I
Date: June 28th-July 2nd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session II #3272-J
Date: July 12th-July 16th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session III #3272-K
Date: July 19th-July 23rd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session IV #3272-L
Date: July 26th-July 30th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Tetras Level 1 Children in this group will work on entering and exiting the pool safely, submerging, changing direction while walking or swimming, floating on front and back & swimming on front & back with support.

Session I #3272-M
Date: June 28th-July 2nd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session II #3272-N
Date: July 12th-July 16th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session III #3272-O
Date: July 19th-July 23rd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session IV #3272-P
Date: July 26th-July 30th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Trout Level 2 Children in this group will work on entering water by stepping or jumping from the side, exiting water safely using ladder or side, submerging, rhythmic breathing, opening eyes underwater & picking up objects in shallow water, front & back glide, treading water, swimming on front, back & side using arm & leg motions.

Session I #3272-Q
Date: June 28th-July 2nd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session II #3272-R
Date: July 12th-July 16th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session III #3272-S
Date: July 19th-July 23rd **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session IV #3272-T
Date: July 26th-July 30th **Day:** Monday-Friday **Time:** 10-10:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Gold Fish Level 3 Children in the group will work on jumping into deep water from side, submerging & picking up an object in chest deep water, floating in deep water, treading water using hand & leg motions, front crawl & back crawl.

Session I #3272-U
Date: June 28th-July 2nd **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session II #3272-V
Date: July 12th-July 16th **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session III #3272-W
Date: July 19th-July 23rd **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session IV #3272-X
Date: July 26th-July 30th **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Yellow Fins Level 4 Children in this group will work on performing a dive from a standing position, swimming underwater, performing fee-first surface dive, treading water with different arm & leg motions, front crawl, breaststroke, butterfly, elementary backstroke & swimming on side using scissor kicks.

Session I #3273-A
Date: June 28th-July 2nd **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session II #3273-B
Date: July 12th-July 16th **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session III #3273-C
Date: July 19th-July 23rd **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session IV #3273-D
Date: July 26th-July 30th **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Barracuda Level 5 Children in this group will work on standing dive, shallow dive, surface dives, front flip turn, backstroke flip turn, front & back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, treading water with 2 different kicks & survival swimming.

Session I #3273-E
Date: June 28th-July 2nd **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session II #3273-F
Date: July 12th-July 16th **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session III #3273-G
Date: July 19th-July 23rd **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session IV #3273-H
Date: July 26th-July 30th **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

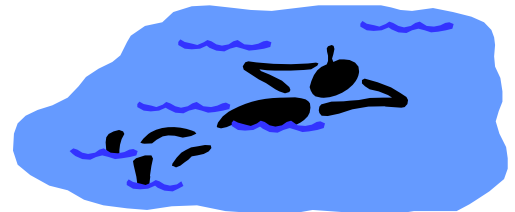
Sharks Level 6 Children in this group will refine all the strokes so they become better overall swimmers. The purpose of this level is to prepare children for more advanced courses like Water Safety Instructor and Lifeguard Training Courses.

Session I #3273-I
Date: June 28th-July 2nd **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session II #3273-J
Date: July 12th-July 16th **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session III #3273-K
Date: July 19th-July 23rd **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

Session IV #3273-L
Date: July 26th-July 30th **Day:** Monday-Friday **Time:** 11-11:45am
Instructor: SCCC Staff **Location:** Brockport High School Pool **Price:** \$35



Sweden Senior Center
A Nationally Accredited Senior Center
133 State Street, Brockport, NY 14420 (585) 637-8161

senior Trips

Red Wings Baseball Game #3273-L

Join us for an afternoon out to a Rochester Red Wings Game.

Date: June 24 **Day:** Thursday **Time:** LV: 12:15

Price: \$12.00 includes round trip transportation and your ticket to the game!!

Sweden Senior Center present:

Marty Owens, A Man and His Music #3273-M

Join us for an afternoon of food, friends and good entertainment.

Date: July 7th **Day:** Wednesday **Time:** 2:30-4:30pm

Price: \$5.00 includes food and entertainment

Exploring Syracuse 2010 #3273-N

Join us for a round trip deluxe motor coach trip to Syracuse— the trip will include round trip transportation, L.L Bean outlet, Lunch at Plainville Farms Restaurant, a 90 minute Sightseeing Cruise on Oneida Lake and the Erie Canal, Visit the Paul deLima Museum for film, tour, and tasting with time to shop. You will also Visit Columbus Baking Company for a loaf of fresh bread to take home.

Date: July 21st **Day:** Wednesday

Time: LV 7:30am RT 7pm **Price:** \$83.00

Niagara Wine Trail #3273-O

Join us for a round trip deluxe motor coach trip to a tasting at the Winery at Marjim Manor in Appleton, NY then onto a tasting at Niagara Landing Wine Cellars in Lockport, NY with a stop at The Canalside Resturant for a lunch buffet. After lunch we will continue on to tasting at Honeymoon Trail winery in Lockport where you will leave with a keepsake glass. The next stop will be a tasting at Varallo Vineyards in Lockport, NY with our last stop at Becker's farm which will include a lecture, wagon ride, slice of homemade pie, beverage and wine tasting along with time to shop!

Date: August 4th **Day:** Wednesday

Time: LV 8:30am RT 7pm **Price:** \$84.00

Waterloo Outlets #3273-P

What could be more fun then spending the day with friends shopping and enjoying lunch. Walking is mandatory. Price includes round trip transportation lunch is not included. Pre-register by 8/12

Date: August 16th **Day:** Monday

Time: LV 9:30am RT 2:30pm **Price:** \$8.00

Want to enjoy fine cuisine, good company, and a friendly atmosphere? Then come dine at the "The Sweden Inn" (Sweden Senior Center that is)

ACTIVITIES: Quilting, Fun and Fitness classes, Open Tai Chi, Euchre, Ceramics, Chorus, Line Dancing, Crafts, Bingo and much more. See monthly calendar for schedule of all activities. Activities usually begin around 9am. Note: Reservation are necessary

WHO: All Senior Citizens

WHERE: Sweden Senior Center

WHEN: Meals are served M-F at noon

COST: Suggested donation of \$2.50 for meals.

Senior Programs

Wii Games

Check out the latest craze in the nation! You may think that video games are for kids, but the Wii is for everyone. You can come and play or just watch. We will be playing bowling, tennis, golf and baseball.

Day: Every Thursday morning /Starting 6/ 24– 8/26

Time: 9:30 **Fee:** Free

Chair Exercise #3273-Q

The chair exercise is a safe easy class to follow. This stretch workout concentrates on mobility and flexibility, moving the joints to their fullest range of motion. The exercises are slow and easy allowing participants to release tension and increase flexibility.

Date: July 8– August 26 **Day:** Thursday

Time: 1:30-2:15pm **Location:** Sweden Senior Center

Price: \$35.00 **Min:** 3 **Max:** 30

Labor Day Senior BBQ #3273-R

Join the Sweden Senior Center for an afternoon of good food, back yard games, and good friends. Pre registration is required. The menu will include Hot Dogs, Baked beans, Mac/Potato Salad, Ice Cream and a beverage. Call today to reserve your spot 637-8161!

Date: September 2, 2010 **Day:** Thursday

Time: 11am-1pm **Location:** Sweden Senior Center

Price: \$3.00 a meal

Walking for Wellness walking club #3273-S

Brisk walking is a form of aerobic exercise that helps strengthen your heart, lungs, and muscles. Join the Sweden Senior Center staff for a walk on the canal.

Date: June 24-August 26 **Day:** Thursday

Time: 1pm-2pm **Location:** Sweden Senior Center/Canal

Price: \$0.00 Pre-registration required!

Arthritis Foundation Exercise

Classes meet Mondays and Thursday from 1-2pm. This is a gentle motion exercise program to keep your joints flexible. Free to members!

Baking Class #3273-T

Lets have some fun and bake some goodies. Coffee will be served at the end of each class to sample our cookies. Doggie bags to each participant to take home our leftover goodies.

Date: 6/9,7/14,8/11,9/8 **Day:** Wednesday

Time: 2-3:30pm **Location:** Sweden Senior Center

Price: \$7.00 a class or four classes for \$25.00

Breakfast and Bingo #3273-U

Come and join us for a hot breakfast followed by bingo games. Bring a friend and join the fun!

Date: June 14th **Day:** Monday **Time:** 8-9:30am

Location: Sweden Senior Center **Price:** \$5.00

Fitness Center

Time to shed those inches and tone that body! Getting into shape has never been so affordable. Sweden/Clarkson Recreation offers you the BEST fitness membership deal in the area. Come see our newly renovated fitness center with new cardio machines as well as free weights and toning machines!!!!

	Fitness Only	Fitness + Classes	
Youth/Senior (16-18)(55+)	3 mth-\$75 #3274-A Year-\$175 #3274-B	Year \$225 #3274-C	
Adult	3 mth-\$100 #3274-D Year-\$250 #3274-E	3 mth-\$125 #3274-F Year \$300 #3274-G	
Family	3 mth -\$150 #3274-H Year - \$400 #3274-I	3 mth - \$175 #3274-J Year \$500 #3274-K	
Senior Center	\$35 yr #3274-L \$60 non-resident #3274-M		

Personal Training

Our personal trainer, Tami Mungenast, will help get you on the right track with your individual goals.

#3274-N One Session Fee: \$30.00
#3274-O Six Sessions Fee: \$150.00



Seniors 65+

The SilverSneakers® Fitness Program is for Members of MVP Gold, Essence Advantage Insurance Humana, Well-Care & Secure Horizons Health Plans!

Through SilverSneakers® you'll receive fitness center membership benefits at the Sweden/Clarkson Community Center and Sweden Senior center and SilverSneakers® Classes.

SilverSneakers® programs are designed for older adults to help them:

- *Have more energy*
- *Improve balance*
- *Increase strength*
- *Increase flexibility*
- *Meet new people*



SilverSneakers® will be offered at the Sweden/Clarkson Recreation Center . Whether you want to take a class, walk in the gym, or use the treadmill, we'll welcome you and help you get started. All at no extra charge to you! The classes are offered:

MONDAY, WEDNESDAY, FRIDAY	MSROM	11:00am
TUESDAY & THURSDAY	Cardio	8:30am
THURSDAY	Yoga Stretch	11:00am

Stop at the front desk for an application and details on how to become a member of the SilverSneakers® family!



**Music by
ZaksPak
and others!**

**Kids
Activities**

**5th Annual Harvest Festival &
5k Run**

**Harvest
5k**

**Arts &
Crafts
Vendors**

to benefit the

SWEDEN FARMERS MUSEUM

Saturday, September 18, 2010

**Apple Pie
Contest**

**Lakeview Cemetery
(off of Route 19)**

**Tractor
Show**

Harvest 5k at 9 am

Festival Starts at 10 am

**Food by
Lion's
Club**

**Are you interested in running in
the 5k, being a vendor at the festival,
competing in the apple pie contest, volunteering
for the day or supporting the museum?**

**Cemetery
& Museum
Tours**

VISIT:

www.swedenfarmersmuseum.org

**Blacksmithing,
Wool Spinning,
Rug Hooking**

**SEE YOU AT THE
FESTIVAL!**

**Quilting,
Apple
Pressing and
more!!!**

Recreation & Park Facilities

Sweden/Clarkson Community Center

Space Available	1st Hour Resident	1st Hour Non-Resident	Additional Hour
Gym (including changing rooms)	\$50.00	\$75.00	\$40.00
Half Gym	\$35.00	\$50.00	\$25.00
Large Activity Room	\$25.00	\$55.00	\$15.00
Small Activity Room	\$20.00	\$30.00	\$15.00
Cafeteria Only	\$25.00	\$35.00	\$15.00
Cafeteria with Kitchen	\$35.00	\$45.00	\$25.00
Cafeteria with Game Rooms	\$35.00	\$45.00	\$25.00
Cafeteria with Kitchen & Game Rooms	\$40.00	\$55.00	\$25.00

- **A \$25.00 maintenance deposit is required at the time of application.** This should be a separate check, so that it may be returned to you. The deposit will be returned to you provided the areas reserved are left clean and undamaged.
- Additional fee (s) will be assessed for any damage that is done to the facility or its equipment.
- All checks made payable to the **Town of Sweden.**
- All events will be charged an additional \$25.00 per 50 people in attendance for maintenance fees.

Sweden Town Park

The Sweden Town Park, located on Redman Road in Sweden, offers various activities for families.

The park includes: *a skate park available for use with roller blades or skateboards, Disc Golf Course 7-Baseball fields, 4-Soccer fields, 1-Lacrosse field, 1 regulation size baseball field. a pond, playground, and concession stand with bathrooms.*

For more information contact the Sweden/Clarkson Recreation Center at 431-0090.

To rent Hafner Park in Clarkson
please call Clarkson Town Hall
@ 585-637-1130!

Weather Cancellation Hotline

Recreation Program status is updated on the 24-hour Information hotline @ 585-431-0085.

The hotline is updated by 4:30pm each day based on weather conditions!

Rental Fees for Sweden Town Park, & Community Center Grounds

Residents: \$40.00 per field per 4 hour block

Non-Res.: \$60.00 per field per 4 hour block

Field Preparation: \$20.00 per field per day

Sweden Senior Center and Farmers Museum Facility Use

Sweden Senior Center - Facility Use Fees

Space Available	1 st Hour Resident	1 st Hour Non-Resident	Additional Hours
Upstairs Multi-Purpose Room	\$25.00	\$35.00	\$15.00
Craft Room	\$20.00	\$30.00	\$15.00
Dining Room Only	\$25.00	\$35.00	\$15.00
Dining Room with Kitchen	\$35.00	\$45.00	\$25.00
Dining Room with Game Room	\$35.00	\$45.00	\$25.00
Dining Room/Kitchen & Game Room	\$45.00	\$55.00	\$25.00

*** There will be a \$45.00 charge for staffing if rental takes place during non-business hours

***A \$25.00 maintenance deposit is required at the time of application. This should be a separate check. The deposit will be returned to you provided the areas reserved are left clean and undamaged.

- A set up fee of \$25.00 will be required if extra set-up is necessary.
- Additional fee(s) will be assessed for any damage that is done to the facility or it's equipment.
- All checks made payable to Town of Sweden.
- All events will be charged an additional \$25.00 per 50 people in attendance for maintenance fees.

Sweden Farmers Museum- Facility Use Fees

Space Available	4 Hour Block Sweden Resident	4 Hour Block Non-Resident	Additional Hours
Farmers Museum (includes kitchen and 2 parlors)	\$75.00	\$100.00	\$15.00
Barn	\$100.00	\$125.00	\$15.00
Funeral Package (2 hour rental includes kitchen and 2 parlors)	\$50.00	\$75.00	\$15.00

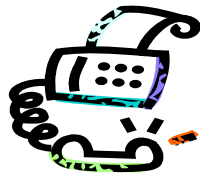
Registration Information

4 Easy Ways to Register!



Online

To print and e-mail registration form visit www.swedenclarksonrec.com
And e-mail to: clericals@townofsweden.org



Fax

Fax in your completed registration form 24 hours a day (include your credit card number and expiration date) to: (585) 431-0052.



Walk-In

Come by and register in person Monday-Friday 8 am-4 pm.
Or drop-off your registration in the drop box by the entrance.



Mail

Mail your completed form with a check or credit card number to:

Sweden/Clarkson Recreation
4927 Lake Road
Brockport, NY 14420

General Information

1. Drop Box Registrations are picked up at **Noon, Monday – Friday**. Registrations deposited in drop box after Noon will be processed the following day. Registrations deposited on Saturday or Sunday will be processed on Monday.
2. When Registering By Mail: Be sure to give your registration form(s) and payment sufficient time to be delivered to the Recreation Center. **Sweden/Clarkson Recreation Department is not responsible for registrations that arrive late or are lost in the mail. Registration deadlines will be enforced !!!**
3. Registration forms **will not be accepted unless they are signed**.
4. Make checks payable to the *Town of Sweden*.

Refund Policy

Refunds will be given to anyone who cancels from a program at **least one week (5 working days) prior to the start of the program or in case of sports programs, 3 weeks prior to the 1st practice**. There will be no refunds given for a program once it has begun, unless it is cancelled by the Recreation Department. A refund may be allowed in the event of illness or injury if a doctor's note is provided. All refunds will be subject to a **\$10.00 processing fee** per person/per program. **Certain programs, such as the fitness center are non-refundable.**

ADA

In compliance with the Americans with Disabilities Act, the towns of Sweden and Clarkson encourage those with disabilities to participate in our programs. If you have special needs, please call us at 431-0090.



Registration Form

Sweden/Clarkson Recreation
4927 Lake Road
Brockport, NY 14420
585-431-0090

Received
By:

Making a larger community smaller
through recreation!

Office Use Only		
Keystone: _____	Date: _____	Initials: _____
Amt Pd: _____	ID #: _____	
Financials: _____	Date: _____	Initials: _____

SECTION I

Participant Name: Last _____ MI _____ First _____

Age: _____ Date of Birth: ____/____/____ Grade: _____ Sex: M____ F____ Email Address: _____

Address: _____ Town/Village: _____ State: ____ Zip: _____

Home Phone: () _____ Work Phone: () _____

If applies: Parental Contact #1: _____ Relationship: _____

Parental Contact #2: _____ Relationship: _____

Emergency Contact (other than parent): _____ Phone: () _____

Special Needs/Limitations/Medications: _____

Medical Provider _____ Phone: () _____

WAIVER FOR PARTICIPATION

In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent to some recreational programs, I herby, for my child, my heirs, executors, and administrators, waiver and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden/Clarkson Recreation Department Registration/Refund Policy. Refunds are subject to a processing fee.

Signature: _____ Date: _____
(If under 18, parent or guardian signature required)

PHOTO RELEASE

I _____, hereby give the Sweden/Clarkson Recreation Center permission to use my son/daughters name and photo in the local news papers.

Signature Date

SECTION II

Please list month you are registering for. (Add \$5.00 for non-residents)

Program Name	Program #	Program Fee
_____	_____ - _____	\$ _____
_____	_____ - _____	\$ _____
_____	_____ - _____	\$ _____



Form of payment: Cash ____ Check ____ Credit ____ Credit Card # _____ Exp. _____

Are you willing to Coach? Yes ____ No ____

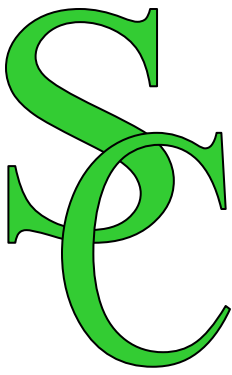
T-Shirt Size: YOUTH ____ ADULT ____ SMALL ____ MEDIUM ____ LARGE ____ X-LARGE ____ XX-LARGE ____

Shorts/Pants Size: YOUTH ____ ADULT ____ SMALL ____ MEDIUM ____ LARGE ____ X-LARGE ____

PROCESSING: Registrations received after 2pm will be processed the next business day. Registrations received on Saturday or Sunday will be processed on Monday or the next business day.

REFUND POLICY

Refunds will be given to anyone who cancels from a program **at least one week (5 working days) prior to the start of the program or in the case of sports programs, 3 weeks prior to the 1st practice.** There will be no refunds given for a program once it has begun, unless it is cancelled by the Recreation Department. A refund may be allowed in the event of illness or injury if a doctor's note is provided. All refunds will be subject to a **\$10.00 processing fee** per person/per program. **Certain programs, such as the fitness center are non-refundable.**



Sweden/Clarkson Community Center

4927 Lake Road South
Brockport, NY 14420
Phone: (585) 431-0090
Fax: (585) 431-0052
www.townofsweden.org

THANK YOU!!!

The Sweden/Clarkson Community Center and the Sweden Foundation would like to thank the following local businesses and organizations for their continued support of our programs and facility.

**GOLD DONOR
TIM HORTONS**

Thank You's:

- | | |
|--------------------------------------|--------------------------------|
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| Ryan's Big M | K&K Food Mart |
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| Mark's Pizza | Arjuna Florist |
| Delta Phi Epsilon | Amanda DelGallego |
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| Glenn Wilson | Doug Tobey |
| Pat Leach | Recreation Club SUNY Brockport |
| Brockport United Lacrosse | |
| SUNY Brockport REL Programming Class | |

Sweden Town Board

Jack Milner, Supervisor
Robert Carges, Councilman
Patricia Connors, Councilwoman
Danielle Windus-Cook,
Councilwoman
Mike Myers, Councilman

Clarkson Town Board

Paul Kimball, Supervisor
Patrick Didas, Councilman
Sheldon Meyers, Councilman
Allan Hoy, Councilman
Christa Filipowicz,
Councilwoman

**RECREATION
DEPARTMENT STAFF**

Recreation Director
Dave Scott, CYSA

Recreation Supervisor
Breanne Spade

Recreation Leaders
Ricki DeBaun
Leonard Ward

Recreation Assistants
Jill Wisnowski
Nick Berlin

Program Assistants
Carrie Graham
Dottie Coia
Charlie Hutton

Administrative Assistant
Amy Merrill

The Sweden/Clarkson Recreation Staff are members of the following professional organizations:

*National Recreation & Park Association
New York State Recreation & Park Society*

OOPS!

The Sweden Clarkson Recreation Department has made every effort to prepare this brochure as accurately as possible. Nonetheless, errors may make it into print. There may be some circumstances where adjustments may need to be made to program dates, times, fees, etc.. The Sweden/Clarkson Recreation Department reserves the right to make these changes. We apologize for any inconvenience.