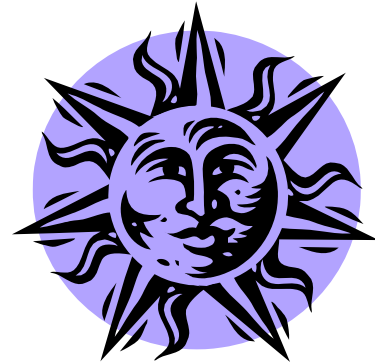
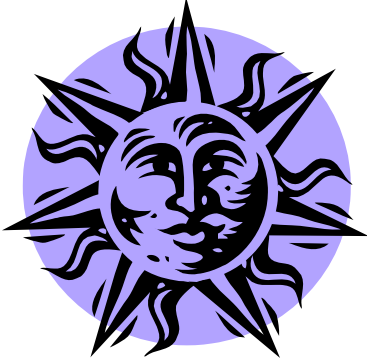


Winter/Spring 2011 Program Information

**S  
W  
E  
D  
E  
N**



**C  
L  
A  
R  
K  
S  
O  
N**

**RECREATION**

**Sweden/Clarkson Community  
Center**

4927 Lake Rd S  
Brockport, NY 14420  
585-431-0090  
585-431-0052 (Fax)

[www.swedenclarksonrec.com](http://www.swedenclarksonrec.com)

**Sweden Senior Center**

133 State St  
Brockport, NY 14420  
585-637-8161  
585-637-0205

[www.swedenclarksonrec.com](http://www.swedenclarksonrec.com)



**Sweden/Clarkson Recreation Mission Statement**

Recreation is an essential component of every person's physical and emotional well-being. Recreational opportunities serve to increase the quality of life of the individual and in turn their community.

The Towns of Sweden and Clarkson recognize the importance of recreation as a function of town government and are committed to providing a variety of recreation and leisure opportunities to its residents.

**Table of Contents**

Special Events/Family Activities.....3

Programs for all ages.....4

Toddler Programs.....5

Preschool.....6

Before and After School.....7

Youth and Teen Programs.....8-10

Youth/Teen Athletics/Leagues.....11

Swimming Programs.....12-14

Adult Programs .....15-16

Senior Program.....16-17

Fitness Center/Silver Sneaker.....18

Facility Use.....19-20

Farmers Museum.....21

Jazzercise.....22

Registration Form.....23

Thank You!.....24

**Recreation Department Facilities  
Hours of Operation**

**Sweden/Clarkson Community Center**

January 1– April 30

Monday-Friday 6am-9pm  
Saturday & Sun 8am-8pm

May 1– June 17

Monday-Friday 6am-8pm  
Saturday 8am-8pm  
Sunday 8am– 3pm

**Sweden Senior Center**

January 1– June 17

Monday-Friday 9-4pm  
Saturday 8-12pm  
Sunday Closed

**The Sweden/Clarkson Community Center  
& Sweden Senior Center  
will be closed in observance of the following holidays:**

New Years Day January 1, 2011  
Easter, April 24, 2011  
Memorial Day May 30, 2011

**Senior Center only**

Martin Luther King Day January 17, 2011  
Presidents Day February 21, 2011  
Good Friday April 22, 2011

**Game Rooms**

Monday - Friday: 9am—2pm  
Saturday & Sunday: 9am—3pm  
(All ages are welcome. No additional fee required.)

**Toddler Gym  
Open Play Schedule**

Please Call for Availability  
For Ages 5 and Under ONLY  
\$2 per child/day  
(Children must be accompanied by an adult)

**Open Basketball (Noon-2:30pm)- \$5.00pp, Free for residents of Sweden/  
Clarkson with proper id.**

**Saturdays (6-7:45pm)- \$ 2.00pp**

Please call for availability and to confirm open gym times  
(Ages 12 and under must be accompanied by an adult)

**\*\*Any open playtime may be altered to accommodate special events  
or times that have been reserved for private use.\*\***

# Special Events & Family Activities

## 29th Annual Community Awards Banquet

Presented by the Sweden/Clarkson Community Center  
Wednesday April 27, 2011

6:00– 6:45pm hors d'oeuvres  
7:00-Awards Presented with desserts

@ the Sweden Senior Center  
133 State St. Brockport, NY 14420

Tickets can be purchased @ the Sweden Senior Center, Sweden and  
Clarkson Town Halls and the Sweden/Clarkson Community Center.  
Prices: \$12.00 per person includes ,hors d'oeuvres and dessert!

If you know anyone who deserves to be recognized, please send letter of recommendation to the Sweden/  
Clarkson Community Center @ 4927 Lake Rd. S. Brockport, NY 14420.

### 1<sup>st</sup> Time Homebuyer Grant Seminar #3304-A

Thinking about buying a home? Wondering what grants/programs are available? If you are a 1<sup>st</sup> Time Homebuyer and would like to know what grants may be available to you, come join us! Food & beverages will be provided. Please RSVP by Wed, Dec 8<sup>th</sup> with Amy at 662-3363.

**Date:** December 9 **Day:** Thurs **Time:** 6:30 pm **Ages:** 18+  
**Instructor:** Amy Merrill w/Prudential Discover RE & Jeanie Nasello w/ Premium Mortgage **Location:** Conference Room **Price:** FREE!

## Challenger Baseball

Challenger Baseball, a program for kids with special needs. Challenger baseball is coming to Sweden/Clarkson Recreation for all of our special needs and disabled children. This little league baseball experience will be available for young boys and girls between the ages of 5 and 18 and will provide participants with an opportunity to enjoy the game as it is structured to their abilities.

The fundamental foal of Challenger baseball is to give everyone a chance to play. To realize that goal. Challenger has two basic rules: every player bats every inning and every player plays in the field. We do not count strikes and we do not count outs. Everybody scores and everybody wins. Teams supported by coaches and by a buddy system in which young volunteers assist Challenger players when needed, both at bat and in the field. For example, buddies help by pushing players using wheelchairs around the base paths after a hit or by helping a player retrieve a ball that gets past them in the field. But the biggest thing a buddy does is be a friend to the Challenger player they are assigned to.

Final details of our program are still being worked out but it is anticipated that the program will be free (donors are being sought to defray cost), players will receive jerseys and caps and refreshments will be provided after each game. To get the program off the ground, this year we will schedule around five games with rain dates built in. Players will be eligible to play in the Challenger World Series at Frontier Field in June and will receive a trophy at the end of the season. Games will take place at Nietopski field at the STP. Registration will begin Tuesday January 18, 2011 at the Sweden/Clarkson Community Center. Question before this time please call 637-2146.

**Date:** Late may 2011– July 2011 **Day:** Sat am **Ages:** 5-18

### Easter Egg Hunt

**WHEN:** Saturday April 23, 2011

**WHERE:** Sweden/Clarkson  
Community Center

**TIME:** 10:00 am egg hunt for ages 1-9 outside on the hill rain or shine!

**PRICE:** \$ 2.00 suggested donation for Pancake Breakfast for children ages 4-18 and adults/ Children under 3 free

**4th Annual Pancake Breakfast sponsored by VanDusen, Ardieta and Wisnowski Families. Starts promptly @ 10:30am. Food served until 11:45am! Proceeds to be donated to the Brockport Food Shelf!**

**There will be games, crafts, tattoos, face painting, food and the Easter Bunny himself following the Easter egg hunt!!!**

# Programs for All Ages

## Open Tae Kwon Do

This class is open to children and adults.

Date: Sat

Session I Jan 8– Feb 19 #3305-A

Session II March 5– April 9 #3305-B

Session III April 23– May 28 (SPRING) #3305-C

Time: 9-10am Ages: All Instructor: Todd Longstreth

Fee: \$10 for one session Location: SCCC

## Parent and Me Ceramics #3305-D

Join us for a parent child interactive ceramics class. You will learn basic ceramic skills while spending quality time with your little one.

Dates: March 28– May 2 Day: Mon

Time: 11:45– 12:45pm Location: S.C.C.C. Price: \$10

## Boaters Safety Course (SPRING) #3305-E

Course includes NY state required certification for Personal Watercraft Operators. Boaters 10-17 must also earn a safety certificate to operate any motorized vessel. Learn the rules of the “road”, reading buoys, boat handling and other boating safety related topics. New boaters learn the laws and regulations regarding boating in NYS. Attendance at all 4 class is mandatory. The U.S. Coast Guard Auxiliary, Flotilla 04-08, provides course instruction.

Dates: May, 3, 5, 10 and 12 Tues and Thurs

Time: 6:30-9pm Ages: 10+ Fee: \$39 Min 5 Max 25

Location: SCCC Instructor: U.S. Coast Guard

## Archery for the Family- (SPRING) #3305-F

Day: Tues Time: 6:30-7:30pm Ages: ALL

Date: 5/10-6/29

Price: \$68.00

Instructor: Certified Creek Wood Instructors

Location: Creek Wood Archery

Families of all shapes & sizes can come and learn the basics of archery and enjoy the company of Creek Wood Instructors along with gaining knowledge. All equipment is included in the fee.

## Turkey Bowling Contest! #3305-G

Join us as we bowl down pins with turkeys on the ice at the Sweden Town Park ice rink! Teams will consist of 1 adult and 1 child. The winner will receive a frozen turkey to enjoy as you watch the Super Bowl! Open ice skating with music and hot cocoa will be available after! \*Must register team by 1/16\*

Date: 1/30

Day: Sat

Time: 2:00-3:00 with Open Skate 3:00-5:00

Ages: 1 adult over 18 with 1 child age 14 and under

Fee: \$10/team

Location: Sweden Town Park Ice Rink Located on Redman Rd.

## Come One Come All Outdoor Open Skate #3305-H

Day: Mon-Sun Time: Day Light Hours

Ages: ALL Date: All Winter Days Price: FREE

Location: Sweden Town Park

Bring family & friends to enjoy open skate - make sure to bring your skates & hot chocolate!

## BeMar Roller Skating Fun #3305-I

Come join us in the SCCC gym for a fun night of roller skating, music, food and friends!!!

Day: Fri Date: March 25, 2011 Time: 6-8:45pm

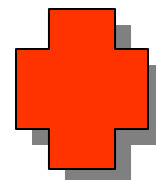
Fee: 5.00 per person includes skate rental, slice of pizza and a drink.

Croc Rocs participants bring a friend you pay **ONLY \$3.00!!!**

## American Red Cross Health Safety Classes

These classes are designed for those of you who have never been certified, who haven't been certified in a few years, or those of you who would like the benefits of the full course. If you are currently certified and wish to take a review course, please consider one of the review classes below. (Prices include ALL materials!!!)

Course	Date	Time	Price
Standard First Aid #3305-J	Saturday, March 19th	Noon-4:00	\$30.00
CPR/AED – Adult and Child & CPR Infant #3305-K	Saturday, March 19th	9:00-Noon	\$30.00
CPR/AED Professional Rescuer #3305-L	Sunday, March 20th	1:00-6:00	\$55.00



## American Red Cross Health Safety REVIEW Classes

These classes are designed for those of you who have been previously certified and need to re-certify. If you have never been certified please consider one of the classes above. (Prices include ALL materials!!!)

Course	Date	Time	Price
Standard First Aid Review #3305-M	Sunday, March 20th	11:00-1:00	\$20.00
CPR/AED – Adult and Child & CPR Infant Review #3305-N	Sunday, March 20th	9:00-11:00	\$20.00

## American Red Cross Babysitting Training #3305O

## American Red Cross Safe On Your Own Training # 3305P

Date: February 23rd Time: 10:00-Noon Price: \$20.00 Age: 8 and up

# Toddlers Ages 2-5

## **Toddler Tumbling Session I-#3306-A**

**Day:** Tues **Time:** 5:30-6:15pm

**Ages:** 3-5 **Date:** 1/18-2/22

**Price:** \$22.00

**Instructor:** Carrie Graham

**Location:** SCCC **Max:** 6

This is a fun, interactive tumbling class for your little one. We will learn the basics of tumbling such as front rolls, bridges, headstands & more.

## **Toddler Tumbling Session II-(SPRING) #3306-B**

**Day:** Tues **Time:** 5:30-6:15pm

**Ages:** 3-5 **Date:** 4/26-5/31

**Price:** \$22.00

**Instructor:** Carrie Graham

**Location:** SCCC **Max:** 6

This is a fun, interactive tumbling class for your little one. We will learn the basics of tumbling such as front rolls, bridges, headstands & more.

## **Toddler Cheerleading-#3306-C**

**Day:** Tues **Time:** 5:30-6:15pm

**Ages:** 3-5 **Date:** 3/1-4/5

**Price:** \$22.00 **Instructor:** Becky Gibbons

**Location:** SCCC

Learn beginner cheer moves and combine them into great, easy to learn cheer routines. Children will also learn basic cheer techniques and stunts as well as hand motions & jumps

## **Let's Create a Special Craft Each Month - #3306-D**

Come join us as we make four different crafts. We'll celebrate Valentines Day, St. Patrick's Day, Earth Day, and Mother's Day. We'll make crafts you will never forget!

**Day:** Sat **Time:** 9:30-10:15am

**Ages:** 3+ **Price:** \$19.00

**Date:** 2/12, 3/12, 4/9, 5/14

**Instructor:** Katie Stieve

**Location:** SCCC

## **Easter Egg Decorating -#3306-E**

Does your child want to decorate Easter eggs, but you do not want to clean the mess? Let us take care of the mess, while they have a blast decorating eggs to take home! We will provide all supplies, but do not forget to wear old clothes!

**Day:** Sat **Time:** 3:00- 3:45pm

**Ages:** 3+ **Date:** 4/16 **Price:** \$6.00

**Instructor:** Katie Stieve **Location:** SCCC

## **Tot Tasty Treats & Story Time #3306-F**

Bring your little one and join us in reading a book and making a snack that goes along with our story! Please note if your child has any food allergies.

**Date:** 2/10-3/3 **Day:** Thurs

**Time:** 9:45-10:15 **Ages:** 3-5

**Instructor:** Carrie Graham **Fee:** \$16

**Location:** S.C.C.C

## **Bumper Bowling #3306-G**

Meet us at Brockport Bowl and help your child knock down some pins! Each week you will bowl 2 games with bowling shoes included in cost. \*Child must be accompanied by an adult\*

**Date:** 3/27-4/17 **Day:** Wed

**Time:** 10:00-11:00 **Ages:** 3-5

**Fee:** \$22 **Location:** Brockport Bowl

## **Twinkle Toes Dance (SPRING) #3306-H**

Come dance with us! Children will learn the basics of tap and ballet styles of dance. \*Tap shoes are required\*

**Date:** 4/10-5/15 **Day:** Sat

**Time:** 9:00-9:45 **Ages:** 3-5

**Instructor:** Carrie Graham **Fee:** \$22

**Location:** Sweden Senior Center

## **Twinkle Toes Dance Level 2 (SPRING) #3306-I**

Learn more elements of tap and ballet in this next level class! \*Tap shoes are required\*

**Date:** 4/10-5/15 **Day:** Sat

**Time:** 10:00-10:45 **Ages:** 4-6

**Instructor:** Carrie Graham **Fee:** \$22

**Location:** Sweden Senior Center

## **Twinkle Toes Dance Level 3 (SPRING) #3306-J**

This class is designed for children who have taken Level 2 and want to learn more challenging elements. We will put together steps and learn a dance routine!

**Date:** 4/10-5/15 **Day:** Sat

**Time:** 11:00-11:45 **Ages:** 5-7

**Instructor:** Carrie Graham **Fee:** \$22

**Location:** Sweden Senior Center

## **Start Smart Sports Development #3306-K**

Come join us as we help kids learn sports fundamentals. Parent participation required

**Date:** 1/6-2/10 **Day:** Thurs

**Time:** 5-5:45 pm **Ages:** 3-5

## **Tiny Tykes Lacrosse #3306-L**

Learn the basics of lacrosse in a fun, friendly environment. Parent Participation required.

**Date:** 2/05-3/19 (no class 3/5) **Day:** Sat

**Time:** 9:00-9:45am **Ages:** 3-5

**Location:** S.C.C.C. **Fee:** \$20

## **Tiny Tykes Tennis (SPRING) #3306-M**

Come join us as we teach kids the basics of tennis. \*Parent participation required\*

**Date:** 5/18-6/22 **Day:** Wed

**Time:** 7:00-7:45 **Ages:** 3-5

**Location:** S.C.C.C. **Fee:** \$20

## **Indoor Tot Soccer #3306-N**

This program is for kids ages 4-6 who want to learn more about soccer by playing on small teams. Child must be age appropriate by Jan 1st. \*\*Volunteer Coaches Needed\*\*

**Date:** 1/06-2/10 **Day:** Thurs **Time:** 6:00-

7:00 pm **Ages:** 4-6 **Location:** S.C.C.C.

Gym **Fee:** \$20

## **Start Smart Soccer (SPRING) #3306-O**

This class is designed to help youngsters learn the basics of soccer. \*Parent participation required\*

**Date:** 4/6-5/11 **Day:** Wed. **Time:** 6-

6:45pm **Ages:** 3-5 **Location:** S.C.C.C.

**Fee:** \$20

## **Start Smart Baseball (SPRING) #3306-P**

This class is designed to teach kids the fundamentals of baseball. \*Parent participation required.\*

**Date:** 4/9-5/14 **Day:** Sat **Time:** 9-9:45am

**Ages:** 3-5 **Location:** S.C.C.C. **Fee:** \$20

## **Tiny Tykes Track & Field (SPRING) #3306-Q**

This program introduces youngsters to the sports of track and field. \*Parent participation required.\*

**Date:** 5/18-6/22 **Day:** Wed

**Time:** 6:00-6:45 **Ages:** 3-5

**Location:** S.C.C.C. **Fee:** \$20

# A ROOM 2 GROW



**Beginner Preschool Program for 2 year olds!  
September 2011 - May 2012**

**Mon/Wed ~ 9:30am - 11:15am or Tues/Thurs ~ 9:30 - 11:15am**

**Fee: \$700/year (Payments can be made) \$25 non-refundable registration fee**

**Our program offers theme based activities/crafts, circle time, story time, play gym, music/finger plays, snack time and so much more!**

**No need to be potty trained! We provide diaper changing services and help aid with potty training!**

**Instructor: Kelly Young**

**Call 208-2983 for more information or 431-0090 to register today!**

**\*Registration begin March 2011\***



## Bright Beginnings



**Preschool for 3 & 4 year olds**

**September 2011 ~ May 2012**

**We have what your preschooler needs ~**

**a creative environment that encourages learning ~ a caring environment that encourages friendships ~ a loving environment that encourages social and emotional growth**



**PK4 ~ Mon/Wed/Fri ~ 9:15-11:45am**

**\*\$975/\$25 non-refundable registration fee**

**PK3 ~ Tues/Thurs ~ 9:15am-11:30am**

**\*\$775/\$25 non-refundable registration fee**

**MUST BE POTTY TRAINED**

**\*Payments can be made**

**Sweden-Clarkson Community Center ~ 431-0090**

**(front desk)**

**Mrs. Ellen Kimmel ~ Mrs. Margaret Melia ~ 431-0091 (classroom)**



# Croc Roc's Before & After School Drop-In Recreation Program

It is our pleasure to offer a safe, secure drop-in before-school and drop-in after-school recreation program in the Brockport area. Sweden Clarkson Recreation has created this recreation program at the community center to entertain, play board games, arts & crafts and sports to serve the Brockport School District and surrounding areas. Children are under the supervision of our trained staff, which includes full time recreation staff.

## Hours of Operation

M-F	Before School	After School	Before & After
6:30-8:45am	\$7.00 by the 25 <sup>th</sup>	\$7.00 by the 25 <sup>th</sup>	\$13.00 by the 25 <sup>th</sup>
3:30-6:00pm	\$9.00 Drop-In Rate after 25 <sup>th</sup>	\$9 Drop-In Rate after 25 <sup>th</sup>	\$18 Drop-In Rate after 25 <sup>th</sup>



January-#3307-A  
 February-#3307-B  
 March-#3307-C

April-#3307-D  
 May-#3307-E  
 June-#3307-F

### Days Off & Break Weeks

Are separate programs and need to be signed up for and paid for separately.

**January 17<sup>th</sup>** – No School (Martin Luther King Jr. Day) - #3307-G

**February 21st-25<sup>th</sup>** - Winter Break Week - #3307-H

**March 18<sup>th</sup>** – No School (Teacher Conference) - #3307-I

**April 18<sup>th</sup>-22nd**– Spring Break Week - #3307-J

**May 30<sup>th</sup>** – No School (Memorial Day) *Community Center Closed*

**6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Graders looking for something to do during school break weeks?**

Come join us for a day trip during Winter Break Week to **Polar Wave** on February 24<sup>th</sup> from 9:30am-3:00pm - \$25.00 & a day trip during Spring Break Week to

**Adventure Landing** 9:30am-2:30pm - \$25.00



# Youth & Teen Programs

## Tiny Tigers Tae Kwon Do

This program is designed to build confidence, respect and self control.

**Days:** Mon and Thurs

**#3308-A** Session I Jan 3– Feb 17

**# 3308-B** Session II Feb 28– April 14

**#3308-C** Session III April 25– June 16

(No class 5/30) (SPRING)

**Time:** 5:30-6:10 p.m. **Ages:** 5-8

**Instructor:** Todd Longstreth

**Fee:** \$21 for one session or \$49 for Session I, II, III

**Location:** SCCC **Max:** 30

## Tae Kwon Do for Youth

Children will learn confidence, respect, responsibility, and self discipline.

**Days:** Mon and Thurs

**#3308-D** Session I Jan 3– Feb 17

**#3308-E** Session II Feb 28– April 14

**#3308-F** Session III April 25– June 16

(No class 5/30) (SPRING)

**Time:** 6:10-6:50 p.m. **Ages:** 8-12

**Instructor:** Todd Longstreth

**Fee:** \$21 for one session or \$49 for sessions I, II, III

**Location:** SCCC **Max:** 30

## Zumbatomic® #3308-G

Get your child moving in this fast-paced dance style work out! Zumbatomic® is a combination of salsa, hip-hop and more and will be sure to get the blood pumping!

**Date:** 1/9-2/11 **Day:** Sat

**Time:** 10:00-11:00 **Ages:** 8-12

**Instructor:** Carrie Graham **Fee:** \$24

**Location:** Sweden Senior Center

## S.C.C.C Dance Club! #3308-H

If your child is looking for something to do after school then this is the club for them! Children will be dropped off from school on a bus that comes straight to the Rec Center. We will do stretches, learn dance moves, tumbling skills and other fun activities all while making new friends! \*Must register by January 4th\*

**Date:** 1/18-2/22 **Day:** Tues

**Time:** 3:30-5:00 **Ages:** 5-7

**Instructor:** Carrie Graham **Fee:** \$22

**Location:** S.C.C.C. Adult Fitness Room

*Please note: if child can not be picked up by 5:00 they are welcome to participate in our After School Program that allows pick up until 6:00*

## Sweden Clarkson Recreation Night @ North Hampton Park

### Skiing

**Day:** Thurs **Time:** 5pm to Close

**Ages:** ALL **Date:** 1/7-2/25

**Price:** \$32.00 each week

**Instructor:** Swain Staff

**Location:** North Hampton Park

Come and enjoy the cool fresh air on a winters' night. Fee includes Lift Ticket, Ski Rental & Basic Lesson. Must pre-register by the Wednesday before.

1/7 = \$32.00-# 3308-I 2/4=\$32.00-#3308-M

1/14=\$32.00-# 3308-J 2/11=\$32.00-#3308-N

1/21=\$32.00-# 3308-K 2/18=\$32.00-#3308-O

1/27=\$32.00-# 3308-L 2/25=\$32.00-#3308-P

### Learn to Ski

#### Session I-#3308-Q

**Day:** Thurs **Time:**6:30pm **Ages:** ALL

**Date:** 1/7-1/28 **Price:** \$110.00

#### Session II-#3308-R

**Day:** Thurs **Time:**6:30pm **Ages:** ALL

**Date:** 2/4-2/25 **Price:** \$110.00

**Instructor:** Swain Staff

**Location:** North Hampton & Swain Ski Resort

Learn to ski pack of four lessons. Three consecutive lessons Thursday nights at 6:30pm @ North Hampton Park and then receive a voucher good for the fourth lesson @ Swain Ski Resort to be redeemed at students leisure.

### Beginner Archery-#3308-S

**Day:** Sat **Time:** 11:30am-12:30pm

**Ages:** ALL **Date:** 5/7-6/18 **Price:** \$68.00

**Instructor:** Certified Creek Wood Instructors

**Location:** Creek Wood Archery

If you or your child are interested in working on your form, style and ability come and get the moves down with this beginner archery class. All equipment is included in the fee.

### Hunt Hollow Ski Trip

**Day:** Thurs **Time:** 9am-4pm **Ages:** 10+

**Date:** 2/24 **Price:** \$35.00 or \$50.00

**Location:** Hunt Hollow Ski Resort

Mom's, Dad's & children come and spend a day with us at Hunt Hollow Ski Resort. We will leave the community center @ 7:30am travel by bus to beautiful Naples, NY and be returning to the community center by 5:30pm.

8 hr lift ticket, 8 hr Ski Rental - \$50.00 #3308-T

8 hr lift ticket - \$35.00 #3308-U

## Spring Break Horse Camp-#3308-V

**Day:** Fri **Time:** 8am-4pm **Ages:** 8+

**Date:** 4/22 **Price:** \$27.00

**Instructor:** Kim Holland

**Location:** Oasis Equestrian Center

Spend the day at the horse farm! Child will learn about horses, help out with daily chores and have a pony ride.

Bring a lunch, snack is provided. Parent/Guardian must sign waiver. Helmets provided.

## Ice Skating Beginner Level- #3308-W

**Day:** Sat **Time:** 2:00-3:00pm

**Ages:** 5+

**Dates:** 1/ 30,2/6,2/13,2/20,2/27 & 3/6

**Price:** \$55.00

**Instructor:** Ice Rink Staff

**Location:** College at Brockport

Participants will learn the fundamentals of basic skating. Skills for this level will begin with safety, learning skating posture & balance, how to use skating equipment etc.

**\*Skate Rentals are available for \$12.00 for the six weeks-**

## Ice Skating Intermediate Level- #3308-X

**Day:** Sat **Time:** 2:00-3:00pm

**Ages:** 5+

**Dates:** 1/ 30,2/6,2/13,2/20,2/27 & 3/6

**Price:** \$55.00

**Instructor:** Ice Rink Staff

**Location:** College at Brockport

Participants will be evaluated at the beginning of the session to provide consistent challenging experience. The intention of these lessons is to empower participants to set attainable goals. Skills learned will be forward skating, stopping, turning, skating backwards and maintaining balance without assistance.

**\*Skate Rentals are available for \$12.00 for the six weeks-**

## Beginner Fishing- (SPRING)#3308-Y

**Day:** Thurs **Time:** 6:00-6:45pm

**Ages:** 8-12

**Date:** 5/5-5/26 **Price:** \$19.00

**Instructor:** Dillon & Nick Berlin

**Location:** Sweden Town Park, Clarkson Park, Main Street B ridge in Brockport Participants will learn the basics of fishing. How to put a worm on the hook, cast, catching the fish etc. Please dress for the weather.



# Youth & Teen Programs

## Beginner Tumbling-#3309-A

**Day:** Tues **Time:** 6:30-7:15pm **Ages:** 6-10

**Date:** 4/26-5/31 **Price:** \$22.00

**Instructor:** Carrie Graham

**Location:** SCCC

This class is geared for kids at a beginner level. Youth will be introduced to basic tumbling techniques, such as forward roll, bridges, backbends and simple combinations.

## Beginner Cheerleading-#3309-B

**Day:** Tues **Time:** 6:30-7:15pm **Ages:** 6-10

**Date:** 1/18-2/22 **Price:** \$22.00

**Instructor:** Jessie VanWayckhuysse

**Location:** SCCC

Learn beginner cheer moves and combine them to make simple routines. Stunts & techniques will be introduced along with hand motions & jumps.

## Intermediate Cheerleading- #3309-C

**Day:** Tues **Time:** 6:30-7:15pm

**Ages:** 6-10 **Date:** 3/1-4/5

**Price:** \$22.00

**Instructor:** Becky Gibbons

**Location:** SCCC

A basic background in cheerleading will take you to the next step of stunts, cheers & routines.

## Easy Mexican Cooking for Kids-#3309-D

**Day:** Wed **Time:** 6:00-7:00pm

**Ages:** 7-11 **Date:** 1/26-2/16

**Price:** \$22.00

**Instructor:** Becca Wright

**Location:** SCCC

Tacos, Nachos & more fun Mexican dishes to make & taste.

## All Things Fruit Baking for Kids-#3309-E

**Day:** Wed **Time:** 6:00-7:00pm

**Ages:** 8-12 **Date:** 4/27-5/18

**Price:** \$22.00

**Instructor:** Becca Wright

**Location:** SCCC

Fruit cakes, cookies & pastries are just some of the treats to bake & eat.

## Basic Creative Jewelry - #3309-F

Has your child ever been fanaticized with your jewelry collection? Then let us show them how to make their very own special jewelry. We will make all kinds that your child can wear anywhere. Don't let them miss out on the fun!

**Day:** Wed **Time:** 5:45-6:30pm

**Ages:** 6-9 years **Date:** 2/23- 3/16

**Price:** \$24.00 **Location:** SCCC

**Instructor:** Katie Stieve

## Advanced Creative Jewelry -#3309-G

Let's make all kinds of jewelry, including necklaces, bracelets, and anklets. But you can't have jewelry without a jewelry box, so we'll be making that too! Come learn new ways to make beautiful jewelry that you can bring home in your very own box, and wear anywhere.

**Day:** Wed **Time:** 6:45-7:30pm

**Ages:** 10-13 years **Date:** 2/23- 3/16

**Price:** \$24.00 **Location:** SCCC

**Instructor:** Katie Stieve

\* Class is based on age, therefore children do NOT need to complete basic before moving on to advanced\*

## Floam and Clay Fun - #3309-H

Come let your little ones join us as we create a different clay or floam creation each week! We will make 4 separate creations, so don't miss out on the fun!

**Day:** Wed **Time:** 5:45- 6:30pm

**Ages:** 6-9 years **Date:** 5/25- 6/15

**Price:** \$24.00 **Location:** SCCC

**Instructor:** Katie Stieve

## Floam and Clay Fun - #3309-I

Come create a different clay or floam creation each week! We will make a total of four unique and advanced creations, so come join the fun!

**Day:** Wed **Time:** 6:45- 7:30pm

**Ages:** 10-13 years

**Date:** 5/25- 6/15 **Price:** \$24.00

**Location:** SCCC

**Instructor:** Katie Stieve

## Sweden/Clarkson Teen Texting Competition #3309-J

Think you're the fastest text messenger around? Prove it! Bring your cell phone and all of your friends and race through a series of sentences to text. Whoever finishes the quickest will win an awesome prize! Pizza will be provided for all who participate! \*Must register by 5/3\*

**Date:** 5/14

**Day:** Fri

**Time:** 7:00-8:00 **Ages:** 13-15

**Judges:** SCCC Staff **Fee:** \$5

**Location:** Sweden Senior Center

## Home School Physical Education

Allows home school children to stay active through physical activities while participating with other home school children. Your child can take this class for physical education credit.

**Session I:** 2/7-3/21 (No class 2/21)

**Grades:** k-6th @ 1-2pm #3309-K

7th-12th @ 2-3:30pm #3309-L

**Session II:** 4/4-5/9

**Grades:** k-6th @ 1-2pm #3309-M

7th-12th @ 2-3:30pm #3309-N

**Day:** Mon **Price:** \$25

**Location:** SCCC

## Home School Ceramics, Clay, and Crafts

Come join in the fun with ceramics, clay, and crafts. Please wear old clothes as you may get a little dirty with all this fun!

**Session I:** 2/7-3/21 (No class 2/21)

**Grades:** 7th-12th @ 1-2pm #3309-O

k-6th @ 2-3:30pm #3309-P

**Session II:** 4/4-5/9

**Grades:** 7th-12th @ 1-2pm #3309-Q

k-6th @ 2-3:30pm #3309-R

**Day:** Mon **Price:** \$25

**Location:** SCCC



# Youth & Teen Programs

## Instructional Lacrosse #3310-A

This 6-week course is designed to help beginners learn the basics as well as developing existing skills for experienced players.

**Date:** 2/05-3/19 (no class 3/5) **Day:** Sat **Fee:** \$20  
**Time:** 10:00-11:00am **Ages:** 6-12 **Location:** S.C.C.C.

## Instructional Volleyball #3310-B

Come join us for this 6-week course that's designed to teach the basics of volleyball.

**Date:** 2/8-3/15 **Day:** Tues **Time:** 5-5:45pm  
**Ages:** 7-13 **Location:** S.C.C.C. Gym **Fee:** \$20

## Instructional Soccer #3310-C

This 6-week class is designed to teach kids soccer fundamentals in a fun friendly environment.

**Date:** 4/14-5/19 **Day:** Thurs **Time:** 6:00-6:45  
**Ages:** 6-12 **Location:** S.C.C.C. **Fee:** \$20

## Open Soccer #3310-D

Come join us for our 4 on 4 indoor house soccer!  
**\*\*Volunteer Coaches Needed\*\***

**Date:** 1/06-2/10 **Day:** Thurs **Time:** 7-8pm **Ages:** 7-12  
**Location:** S.C.C.C. Gym **Fee:** \$20

## Youth Pond Hockey Tournament #3310-E

Lace up your skates and come play on our new outdoor rink at Sweden Town Park. ( 3 games guaranteed) \*must register full team max 6 players\*

**Date:** 1/29 & 1/30 **Day:** Sat & Sun **Ages:** 12-15  
**Location:** Sweden Town Park Ice Rink **Price:** \$25 per team

## Baseball Clinic #3310-F

This clinic is designed to work on skills and prepare for the upcoming season

**Date:** 4/10 **Day:** Sun  
**Time:** 12:00-3:00pm **Ages:** 8 and up  
**Location:** S.C.C.C. Gym **Fee:** \$16

## Softball Clinic #3310-G

This clinic is designed to work on skills and prepare for the upcoming season

**Date:** 4/17 **Day:** Sun **Fee:** \$16  
**Time:** 12:00-3:00pm **Ages:** 8 and up **Location:** S.C.C.C. Gym

## SPRING TACKLE FOOTBALL

\*\* Volunteer coaches are needed

Dates: 3/30-5/2

Age: 8-9 (Div I) # **3310-H**  
 10-11 (Div II) #**3310-I** [by March 1<sup>st</sup>]

Location: SCCC

Fee: \$40.00

Times: Weeks 1-3

Practice M/W/F 5:30-7:00pm

Weeks 4 & 5

Practice M/W/S also will be game weeks

### Participants:

Must supply a copy of health insurance and birth certificate  
 Are responsible for mouth pieces. No weight restriction.



### Key Points

Maximum number of players per division is 48  
 Recreation department will provide jerseys, helmets, shoulder pads, girdle, and lower pads.  
 Practice/Games will be played at the community center  
 Registration deadline is February 1<sup>st</sup>

### AREA YOUTH SPORTS TEAMS & CONTACT INFORMATION

#### Basketball (Fall/Winter)

RABL (*travel*) 431-0088  
 S/C Recreation League 431-0088

#### Soccer (Spring/Summer)

S/C Recreation League 431-0088  
 Blizzards 637-2918

#### Football (Summer/Fall)

S/C Recreation Sports League-NFL Flag 431-0090  
 Brockport Eagles 964-5018

#### Cheerleading (Summer/Fall)

Brockport Eagles 637-5018

#### Softball (Spring/Summer)

S/C Recreation League 431-0088  
 NASF-Pony 431-0088

#### Lacrosse (Spring)

Brockport Junior Blue Devils (*travel*) 637-0598  
 drtobey7@frontiernet.net

#### Hockey (Winter)

Tri-County Golden Eagles 589-9302

#### Wrestling (Winter)

Youth Wrestling 395-9993

#### Swimming (Spring)

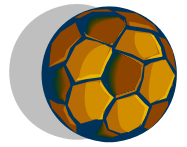
SEAS 637-5991 or 637-8989

#### Baseball (Spring/Summer)

S/C Recreation League 431-0088  
 S/C Recreation League-Pony 431-0088  
 Cal Ripkin/Babe Ruth (*travel*) 431-0088



# Youth & Teen Baseball/Softball/Soccer Leagues



**1 Base T-ball 3-4 yr olds #3311-A**  
May/June (SATURDAYS)  
Fee: \$20.00

**Coed T-Ball 5-6 yrs old #3311-B**  
May/June  
Fee: \$39.00

**Coed Juniors 7-8 yrs old #3311-C**  
May/June  
Fee: \$45.00

**Boys Minor 9-10 yrs old #3311-D**  
May/June  
Mandatory Evaluation Day:  
Sat, April 30<sup>th</sup> 9-11:30am  
Fee: \$59.00

**Boys Major 11-12 yrs old #3311-E**  
May/June  
Mandatory Evaluation Day:  
Sat, April 30<sup>th</sup> 11:30-1pm  
Fee: \$69.00

**Girls Softball 8-12 yrs old #3311-F**  
May/June  
Mandatory Evaluation Day:  
Sat, April 30<sup>th</sup> 1:00-2:30pm  
Fee: \$69.00

## Participant Information:

- Registration deadline is March 1, 2011
- Home games will be played at the Sweden Town Park (Redman Rd)
- Travel to local towns is required
- Age as of May 1, 2011 determines proper division of play. (NO PLAYING UP!)
- Season runs May-June
- Hats and shirts are included for t-ball and juniors
- Full uniform included for minors and majors
- All players will receive end of the year awards
- Copy of birth certificate is required for all players upon registration
- Player evaluation days will be done for minors and majors to split teams equally

## Participant Information:

- Registration deadline is April 30, 2011
  - Home games will be played at Brockport Central School District or Sweden Town Park
  - Travel to local towns is required
  - Age as of May 1, 2011 determines proper division of play
  - Season runs June-August
  - Full uniform included
  - Copy of birth certificate is required for all players upon registration
- Evaluations will be done to split teams equally

## Pony Leagues

**Boys U-14 (13-14 yrs old) #3311-G**  
June-August  
Fee: \$82.00

**Boys U-17 (15-17 yrs old) #3311-H**  
June-August  
Fee: \$82.00

**Girls U-17 (13-17 yrs old) #3311-I**  
June-August  
Fee: \$72.00

# In- House

**Soccer U-4 #3311-J**  
Wednesday  
June/July  
Fee: \$29.00

**Soccer U-6 #3311-K**  
Mondays  
June/July  
Fee: \$29.00

**Boys Soccer U-8 (Ages 7&8) #3311-L**  
Monday/Wednesdays  
June/July  
Fee: \$ 42.00  
*\*Including our new pre-season U-8 tournament in June*

**Girls Soccer U-8 (Ages 7&8) #3311M**  
Tuesday/Thursday  
June/July Fee:\$42.00  
U4 & U-6 games played @ S/C Community Center

**\*\*\*Age as of August 1, 2011 determines proper level of play\*\*\***

**Boys U-10 (ages 9 & 10) #3311-N**  
Monday/Wednesday  
May-July Fee: \$66.00

**Boys U-12 (ages 11 & 12) #3311-O**  
Monday/ Wednesday  
May-July Fee: \$69.00

**Boys U-15 (ages 13 -15) #3311-P**  
Monday/Wednesday  
May-July Fee \$69.00

**Volunteer Coaches needed for all levels of play! You make these programs happen!**

# MURSL

(Monroe United Soccer League)

**Girls U-10 (ages 9 & 10) #3311-Q**  
Tuesday/Thursday  
May-July Fee: \$66.00

**Girls U-12 (ages 11 & 12) #3311-R**  
Tuesday/Thursday  
May-July Fee: \$69.00

**Girls U-15 (ages 13 -15) #3311-S**  
Tuesdays/Thursday  
May-July Fee \$69.00

# Swimming Programs

## Tot Swim Level 1 Beginner

### Session I #3312-A

**Date:** January 5– February 9 **Day:** Wednesday **Time:** 6:15-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session II #3312-B

**Date:** January 8– February 12 **Day:** Saturday **Time:** 10:15-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session III #3312-C

**Date:** March 2– April 6 **Day:** Wednesday **Time:** 6:15-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session IV #3312-D

**Date:** March 5– April 9 **Day:** Saturday **Time:** 10:15-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session V #3312-E

**Date:** April 27– May 25 **Day:** Wednesday **Time:** 6:15-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session VI #3312-F

**Date:** April 30– June 11 (no class 5/28) **Day:** Saturday **Time:** 10:15-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

## Tot Swim Level 2 Intermediate

### Session I #3312-G

**Date:** January 5– February 9 **Day:** Wednesday **Time:** 6:15-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session II #3312-H

**Date:** January 8– February 12 **Day:** Saturday **Time:** 10:15-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session III #3312-I

**Date:** March 2– April 6 **Day:** Wednesday **Time:** 6:15-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session IV #3312-J

**Date:** March 5– April 9 **Day:** Saturday **Time:** 10:15-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session V #3312-K

**Date:** April 27– May 25 **Day:** Wednesday **Time:** 6:15-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session VI #3312-L

**Date:** April 30– June 11 (no class 5/28) **Day:** Saturday **Time:** 10:15-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

## Tot Swim Level 3 Advanced

### Session I #3312-M

**Date:** January 5– February 9 **Day:** Wednesday **Time:** 6:15-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session II #3312-N

**Date:** January 8– February 12 **Day:** Saturday **Time:** 10:15-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session III #3312-O

**Date:** March 2– April 6 **Day:** Wednesday **Time:** 6:15-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session IV #3312-P

**Date:** March 5– April 9 **Day:** Saturday **Time:** 10:15-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session V #3312-Q

**Date:** April 27– May 25 **Day:** Wednesday **Time:** 6:15-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

### Session VI #3312-R

**Date:** April 30– June 11 (no class 5/28) **Day:** Saturday **Time:** 10:15-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

## Open Swim Saturdays

You do not need to pre-register  
 Cost: \$2.00 per person  
 Time: 12:00-1:00pm  
 Session I: January 8– February 12  
 Session II: March 5– April 9  
 Session III: April 30– June 11  
 (no class 5/28)

**Tetras Level 1****Session I #3313-A**

**Date:** January 5– February 9 **Day:** Wednesday **Time:** 6:00-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session II #3313-B**

**Date:** January 8– February 12 **Day:** Saturday **Time:** 10:00-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session III #3313-C**

**Date:** March 2– April 6 **Day:** Wednesday **Time:** 6:00-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session IV #3313-D**

**Date:** March 5– April 9 **Day:** Saturday **Time:** 10:00-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session V #3313-E**

**Date:** April 27– May 25 **Day:** Wednesday **Time:** 6-6:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$35

**Session VI #3313-F**

**Date:** April 30– June 11 (no class 5/28) **Day:** Saturday **Time:** 10-10:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Trout Level 2****Session I #3313-G**

**Date:** January 5– February 9 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session II #3313-H**

**Date:** January 8– February 12 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session III #3313-I**

**Date:** March 2– April 6 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session IV #3313-J**

**Date:** March 5– April 9 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session V #3313-K**

**Date:** April 27– May 25 **Day:** Wednesday **Time:** 7-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session VI #3313-L**

**Date:** April 30– June 11 (no class 5/28) **Day:** Saturday **Time:** 11-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Gold Fish Level 3****Session I #3313-M**

**Date:** January 5– February 9 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session II #3313-N**

**Date:** January 8– February 12 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session III #3313-O**

**Date:** March 2– April 6 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session IV #3313-P**

**Date:** March 5– April 9 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session V #3313-Q**

**Date:** April 27– May 25 **Day:** Wednesday **Time:** 7-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session VI #3313-R**

**Date:** April 30– June 11 (no class 5/28) **Day:** Saturday **Time:** 11-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Adult Lap Swim / Water Walking**

You do not need to pre-register

Cost: \$2.00 per person

Time: 8:00-8:45pm Day: Wednesday

Dates:

Session I: January 5– February 9 #3313-S

Session II: March 2– April 6 #3313-T

Session III: April 27– May 25 #3313-U

**Yellow Fins Level 4****Session I #3314-A**

**Date:** January 5– February 9 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session II #3314-B**

**Date:** January 8– February 12 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session III #3314-C**

**Date:** March 2– April 6 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session IV #3314-D**

**Date:** March 5– April 9 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session V #3314-E**

**Date:** April 27– May 25 **Day:** Wednesday **Time:** 7-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session VI #3314-F**

**Date:** April 30– June 11 (no class 5/28) **Day:** Saturday **Time:** 11-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Barracuda Level 5****Session I #3314-G**

**Date:** January 5– February 9 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session II #3314-H**

**Date:** January 8– February 12 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session III #3314-I**

**Date:** March 2– April 6 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session IV #3314-J**

**Date:** March 5– April 9 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session V #3314-K**

**Date:** April 27– May 25 **Day:** Wednesday **Time:** 7-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session VI #3314-L**

**Date:** April 30– June 11 (no class 5/28) **Day:** Saturday **Time:** 11-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Sharks Level 6****Session I #3314-M**

**Date:** January 5– February 9 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session II #3314-N**

**Date:** January 8– February 12 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session III #3314-O**

**Date:** March 2– April 6 **Day:** Wednesday **Time:** 7:00-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session IV #3314-P**

**Date:** March 5– April 9 **Day:** Saturday **Time:** 11:00-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session V #3314-Q**

**Date:** April 27– May 25 **Day:** Wednesday **Time:** 7-7:45pm  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Session VI #3314-R**

**Date:** April 30– June 11 (no class 5/28) **Day:** Saturday **Time:** 11-11:45am  
**Instructor:** SCCC Staff **Location:** Brockport High School Pool **Price:** \$39

**Family Swim Fridays**

Children must be accompanied by an adult.  
 You do not need to pre-register  
 Cost: \$2.00 per person  
 Time: 6:00-8:00pm  
 Dates: 1/21, 2/4, 3/4, 4/1,5/6

**Adult Water Fitness Class****Session I #3314-S**

**Date:** January 5– February 9  
**Day:** Wednesday **Time:** 8:00-8:45pm  
**Instructor:** SCCC Staff  
**Location:** Brockport High School Pool  
**Price:** \$29

**Session II #3314-T**

**Date:** March 2– April 6  
**Day:** Wednesday **Time:** 8:00-8:45pm  
**Instructor:** SCCC Staff  
**Location:** Brockport High School Pool  
**Price:** \$29

**Session III #3314-U**

**Date:** April 27– May 25  
**Day:** Wednesday **Time:** 8:00-8:45pm  
**Instructor:** SCCC Staff  
**Location:** Brockport High School Pool  
**Price:** \$29

# Adult Programs

## Vinyasa Flow Yoga

When life gets in the way and you're feeling stressed and tight, soothe your body and soul with this user-friendly yoga workout. Bring a yoga mat and a blanket.

### Date:

Session I #3315-A

Mon, Jan 3– Feb 14

Session II #3315-B

Mon, Feb 28–April 11

Session III #3315-C

Mon, Apr 25–June 13( no class 5/30)

(SPRING)

**Time:** 7-8 pm **Age:** 16+ **Fee:** \$39

**Instructor:** Barb Whited

**Location:** SCCC

## Yoga Stretch

This class will incorporate Yoga poses with the emphasis on stretching. Gentle guidance into breathing awareness will lead you into deep relaxation. Please bring a Yoga mat.

### Date:

Session I #3315-D

Wed, Jan 5– Feb 16

Session II #3315-E

Wed, March 2– April 13

Session III #3315-F

Wed, April 27– June 8 (SPRING)

**Time:** 7-8 pm **Age:** 16+

**Location:** SCCC

**Fee:** \$39 or \$29 if sign for both Stretch and Flow for same session.

## Tae Kwon Do for Adults

Experience the benefits of setting new goals through a well- rounded martial arts exercise program. This class teaches the disciplines of Tae Kwon Do plus Shao-lin Chin-na Kung Fu specifically designed for adults.

### Date:

Session I #3315-E

Jan 3– Feb 17

Session II #3315-F

Feb 28– April 14

Session III #3315-G

April 25– June 16 (SPRING)

**Day:** Mon & Thurs

**Time:** 6:30-8:00 pm **Ages:** 13+

**Instructor:** Todd Longstreth

Fee: \$19 for one session or \$29 for two consecutive sessions.

Location: SCCC

## Adult Judo Instruction Beg

In collaboration with SUNY Brockport recreational services, we will be offering Adult Judo Instruction in the winter and spring of 2011, the classes will take place at the SUNY Brockport campus.

### Date:

Session I #3315-I

1/4-4-28 Tues & Thurs

Session II #3315-J

5/3-7/28 Tues & Thurs

**Time:** 7-8pm **Age:** 16+

**Fee:** \$125 by \$140 after the start date

**Location:** Cooper Hall SUNY Brockport

## Adult Judo Instruction Int/Adv

In collaboration with SUNY Brockport recreational services, we will be offering Adult Judo Instruction in the winter and spring of 2011, the classes will take place at the SUNY Brockport campus.

### Date:

Session I #3315-K

1/4-4/28 Tues & Thurs

Session II #3315-L

5/3-7/28 Tues & Thurs

**Time:** 8-9pm **Age:** 16+

**Fee:** \$125 by \$140 after the start date

**Location:** Cooper Hall SUNY Brockport

## Power Pilates Beginner mat class-#3315-M

Dedicated to the classical work of Joseph H. Pilates, this core-strengthening workout is a safe and stimulating way to move, producing muscle tone and more without soreness.

Power Pilates is a progressive program which stands alone as a workout or can be used in addition to other physical activities. Sample, observation and intermediate level classes available. 1/4" or greater "sticky" mat required.

**Date:** Sat,

March 19– May 21 **Time:** 10-10:45am

**Ages:** 16+ **Fee:** \$39 **Instructor:**

Laura Scheer **Location:** SCCC

## Golf Conditioning #3315-N

Get in shape for golf season with tips and exercises from Physical Therapist AJ Hanaburgh of Agape Physical Therapy. Avoid those early injuries and play all season without those twinges and aches. The three week session will start you off feeling fit.

**Date:** March 8– March 24 Tues & Thurs

**Time:** 8:30-9:30am

**Fee:**\$39.00

Location: Sweden Senior Center

## Beginners Knitting Class #3315-O

Have you ever wanted to learn how to knit? Our expert, Joyce Henion, will teach you the basics. The first project will be a scarf. Bring 1 or 2 skeins of 4 ply yarn in your favorite color. Number 7 needles will be ideal for your first project

**Date:** March 7– May 16

1st and 3rd Mondays

**Time:** 10:30-11:30am **Age:** 50+

**Fee:** \$19.00

**Location:** Sweden Senior Center

## Adult Tap Class #3315-P

Looking for a beginners class to get your fit moving? Sweden Clarkson Recreation has just the class for you. Tap Shoe are required as well as pre-registration.

**Date:** Session I: January 24– February 28

Session II: March 21–April 25

**Time:** 6:15-6:50pm **Age:** 16+

**Fee:** \$39.00

**Location:** SCCC

OOPS! WE CANCELED A CLASS BECAUSE WE DIDN'T KNOW YOU WERE COMING! SOMETIMES GREAT CLASSES GET CANCELED WHEN TOO MANY PEOPLE WAIT UNTIL THE LAST MINUTE TO

# Adult Programs

## 2011 Winter Adult Leagues

### Co-ed Volleyball League #3316-A

Pick up your blank roster form at the S/C Rec Center. You must register as a complete team.

**Date:** 1/4– 3/15 (10 Wk. Season + Playoffs) **Day:** Tues **Time:** 6:15, 7:15 & 8:15 games **Ages:** 16+ **Location:** S.C.C.C.  
**Price:** \$150.00 entry fee + \$10.00 ref fee per match

### Adult Pond Hockey Tournament #3316-B

Lace up your skates and come play on our new outdoor rink at Sweden Town Park. (3 games guaranteed) \*Must register full team max 6 players\*

**Date:** 1/29 & 1/30 **Ages:** 16+

**Location:** Sweden Town Park Ice Rink

**Price:** \$30 per team

### Spring Adult leagues/ Tournaments

#### Adult Softball League

Leagues are forming at SCCC. Come play on the new fields! Must register a full team.

**Co-Ed** **Date:** 5/23-8/3 **Ages:** 16+ **Day** Mon or Wed **Fee:** \$450 **#3316-C**

**Men's (Pick A or B Division)** **Date:** 5/24-8/2 **Ages:** 16+ **Day** Tues **Fee:** \$450 **#3316-D**

**Over 40 Men's** **Date:** 5/25-8/3 **Ages:** 40+ **Day** Thurs **Fee:** \$450 **#3316-E**

**Over 50 Men's** **Date:** 5/25-8/3 **Ages:** 50+ **Day** Thurs **Fee:** \$450 **#3316-F**

- **Registration deadline:** May 14th / League fee is due at coaches meeting which will be held at least 1 week before the season.

#### Adult Softball Pre-Season Tournament

**Co-Ed #3316-G Men's Divisions #3316-H**

(Must register a full team)

**Dates:** 5/20, 5/21, & 5/22 **Ages:** 16+ **Fee:** \$200 3 game guarantee with a possibility of 4 games.

#### Adult Coed Kickball #3316-I

Pick up your blank roster form at the S/C Rec Center. You must register as a complete team. (8 weeks + Playoffs)

**Date:** 6/2-7/28 **Ages:** 16+ **Day:** Thurs

**Time:** 6:15 & 7:15pm **Fee:** \$150 + \$10 ref fee per game

## SWEDEN SENIOR CENTER

Want to enjoy fine cuisine, good company, and a friendly atmosphere? Then come dine at “The Sweden Inn”, Sweden Senior Center that is. Activities include: Quilting, SilverSneakers®, Open Tai Chi, Euchre, Ceramics, Crafts, Chorus, Line Dancing, Bingo, Bridge, Pinochle, Stretch and Tone, and various short term classes. Check our monthly calendar for the most up-to-date information.



**Sweden Senior Center**  
**A Nationally Accredited Senior Center**  
133 State Street, Brockport, NY 14420 (585) 637-8161

**Trips:**

**Over the Tavern @ GEVA #3317-A**

Chet and Ellen Pazinski live in a cramped apartment above their struggling tavern, trying to raise their four teenage children at the end of the Eisenhower era. Their lives are filled with sibling rivalries, schoolgirl crushes, a strict dad, stricter nuns, and Ed Sullivan. Playwright Dudzick taps into his Buffalo childhood with tremendous reservoirs of the heartfelt sentiment and rollicking humor that can only come from family. Time includes a pre-play prologue. Deadline to register is Feb. 18. Transportation included.

Date: Wed, March 9 Time: 12:15-4:30pm  
\$24 residents, \$29 non-resident.

**Vicki Lawrence & Mama A Two Woman Show #3317-B**

Emmy award winning comedienne Vicki Lawrence is one of the most beloved television personalities of her generation. This very funny show is a mixture of stand-up comedy, music and observations about real life. Please register by **FEBURARY 16th**. Date: Thurs, April 14 Time: TBD matinee  
Fee: TBD

**The Music Man @ GEVA #3317-C**

All of the musical magic that Professor Harold Hill spins out of his imagination on the unsuspecting citizens of River City, Iowa will ring through the theater. One of the most beloved musicals of all time. Deadline to register is May 12.

Date: Wed, June 1 Time: 12:15-4:30pm  
\$30 residents, \$35 non-residents

**Batavia Casino**

February 7 #3317-D

April 4 #3317-E

June 6 #3317-F

Lv 9:30 am Return 2:30 pm

All participants must have ID. Registration is required. Please include birth date on registration. Must have 20 participants  
Fee: \$15 includes transportation, hot buffet lunch and \$5 in free play. Space is limited. Leave from Sweden Senior Center

**The Lunch Bunch #3317-G**

Tour a different Rochester area restaurant every third Thursday of every month. Beginning in January.

Fee: \$5 per trip or \$29 for all six.

Lunch is not included

Lv: 11 am Rt: 2 pm

All sign ups at the Sweden Senior Center front desk. Limit 12 people.

**Tai Chi Qigong 18 form #3317-H**

Tai Chi Qigong Shibashi is a gentle, beautiful and flowing qigong exercise routine that is both a joy to do and deeply relaxing. It is designed to improve the general health and well being of the practitioner. The gentle motions and stretching movements improve circulation and digestion.

Date: Friday January 7-February 11

Time: 2:15-3:15

Instructor: Jane Harr

Fee: \$40 adult

Sr. Price (60+) \$31

**Beginners Tai Chi Form 6 #3317-I**

Tai Chi is primarily practiced today to improve health, increase energy, as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest and most tense person the opportunity to relax and strengthen their body without risk of strain or injury.

Date: Fridays, March 4-April 8

Time: 2:15-3:15

Instructor: Jane Harr

Fee: \$40

Sr. Price (60+) \$31

**Clogging #3317-J**

Clogging is an American dance form that began in the mid 1700's as the Appalachians were being settled. Influenced by different cultures clogging could be called a "melting pot" of step dances. It is done in time with the music with the heel keeping rhythm. You will learn some basic steps. Come join in the fun, kick up your heels and do a little toe tapping too. If you have tap or clogging shoes bring them, if not, wear a flat tie shoe or sneakers.

Date: Mondays, March 14-April 18

Time: 9:30-10:30 a.m.

Instructor: Debbie Buckner

Fee: \$39

Minimum: 6 Maximum 12

**Painting #3317-K**

This loosely structure art class is for beginners as well as for those who have done some painting or drawing. If you've always wanted to be creative, this class is just right for you. Your choice of watercolor, oil, or colored pencils.

Date: Tuesday, April 5-May 24

Time: 1-3 p.m.

Instructor: Nancy Breslawski

Fee: \$30

**Genealogy (Family History) Beginners Workshop #3317-L**

"A people without the knowledge of their past history, origin and culture is like a tree without roots" Marcus Garvey

Explore and document your family history for future generations. How does one begin...we will review various methods and forms used to proceed and document what you know. Resources both on and off the web, search engines, and available databases will be introduced and discussed. Instructor will be available after each class to help you with website navigation and/or computer anxiety.

Date: Wednesday, March 23-April 13

Time: 1-2 p.m.

Fee: \$25

Instructor: Sharon Burch

**Scrabble #3317-M**

Do you enjoy board games and the challenge to keep your mind active? Join us on Thursday mornings at 10:30 for a couple of games of scrabble.

Dates: January 27-February 24<sup>th</sup>.

Fee: 25¢

**Senior Bingo @ SCCC-#3317-N**

Date: Jan. 19th, Mar. 16th & May 18th

Time: 12:00pm

Ages: 55+ Caller: Dan Brewslawski

Location: SCCC

Come join us for Bingo & a light lunch. Fifty cents per card, no card limits. No cash prizes will be awarded, but prizes will be available.

**United States Navy Concert Band at Roberts Wesleyan College. #3317-O**

Enjoy the sounds of the premier musical organization. The band features some of the nation's top musicians and performs a variety of music from classical favorites, as well as traditional marches and patriotic fare. Date: Sunday March 27

Fee: \$5 Lv: 2 pm Rt: 5:30 pm

**Donations needed:**

Material for quilters, either cotton or heavy drapery material, and batting. Yarn, regular and baby, for our knitters and crocheters. We make a variety of quilts, bedrolls, lap robes, hats and mittens for the needy and ill in our surrounding area. We have the time and talent, but need the raw materials. Items may be dropped off at the Sr. Center between 9 & 4.



# Fitness Center

Time to shed those inches and tone that body! Getting into shape has never been so affordable. Sweden/Clarkson Recreation offers you the BEST fitness membership deal in the area. Come see our newly renovated fitness center with new cardio machines as well as free weights and toning machines!!!!

	Fitness Only	Fitness + Classes	
Youth/Senior (16-18)(55+)	3 mth-\$75 #3318-A year - \$175 #3318-B	Year \$225 #3318-C	
Adult	3 mth-\$100 #3318-D Year - \$250 #3318-E	3 mth-\$125 #3318-F Year \$300 #3318-G	
Family	3 mth -\$150 #3318-H Year - \$400 #3318-I	3 mth \$175 #3318-J Year \$500 #3318-K	
Senior Center	\$35 yr #3318-L \$60 non-resident #3318-M	Daily Fitness- Adult \$8.00 Youth /Senior \$6.00	

## Personal Training

Our personal trainer, Tami Mungenast, will help get you on the right track with your individual goals.

One Session Fee: \$30.00 #3318-N

Six Sessions Fee: \$150.00 #3318-O



## Seniors 65+

**The SilverSneakers® Fitness Program is for Members of MVP Gold, Essence Advantage Insurance Humana, Well-Care & Secure Horizons Health Plans!**

— Through SilverSneakers® you'll receive fitness center membership benefits at the Sweden/Clarkson Community Center and Sweden Senior center and SilverSneakers® Classes.

SilverSneakers® programs are designed for older adults to help them:

*Have more energy      Improve balance      Increase strength      Increase flexibility      Meet new people*

SilverSneakers® will be offered at the Sweden/Clarkson Recreation Center . Whether you want to take a class, walk in the gym, or use the treadmill, we'll welcome you and help you get started. All at no extra charge to you! The classes are offered:

<b>MONDAY, WEDNESDAY, FRIDAY</b>	<b>MSROM</b>	<b>11:00am</b>
<b>TUESDAY &amp; THURSDAY</b>	<b>Cardio</b>	<b>8:30am</b>
<b>THURSDAY</b>	<b>Yoga Stretch</b>	<b>11:00am</b>

### SWEDEN SENIOR CENTER CLASSES

<b>TUESDAY &amp; FRIDAY</b>	<b>MSROM</b>	<b>9:45am</b>
<b>TUESDAY</b>	<b>Yoga Stretch</b>	<b>11:00am</b>

**Stop at the front desk for an application and details on how to become a member of the SilverSneakers® family!**

### Healthways SilverSplash®

Activate your aqua exercise urge for variety! SilverSpash® offers LOTS of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required, and a special SilverSneakers® kickboard is used to develop strength, balance and coordination. Water shoes recommended for all, required for diabetics.

Wednesdays, **Time:** 7 p.m. **Location:** BHS Pool

# Recreation & Park Facilities

## *Sweden/Clarkson Community Center*

Space Available	1st Hour Resident	1st Hour Non-Resident	Additional Hour
Gym (including changing rooms)	\$50.00	\$75.00	\$40.00
Half Gym	\$35.00	\$50.00	\$25.00
Large Activity Room	\$25.00	\$55.00	\$15.00
Small Activity Room	\$20.00	\$30.00	\$15.00
Cafeteria Only	\$25.00	\$35.00	\$15.00
Cafeteria with Kitchen	\$35.00	\$45.00	\$25.00
Cafeteria with Game Rooms	\$35.00	\$45.00	\$25.00
Cafeteria with Kitchen & Game Rooms	\$40.00	\$55.00	\$25.00

- **A \$25.00 maintenance deposit is required at the time of application.** This should be a separate check, so that it may be returned to you. The deposit will be returned to you provided the areas reserved are left clean and undamaged.
- Additional fee (s) will be assessed for any damage that is done to the facility or its equipment.
- All checks made payable to the **Town of Sweden.**
- All events will be charged an additional \$25.00 per 50 people in attendance for maintenance fees.

### **Sweden Town Park**

The Sweden Town Park, located on Redman Road in Sweden, offers various activities for families.

*The park includes: a skate park available for use with roller blades or skateboards, Disc Golf Course 7-Baseball fields, 4-Soccer fields, 1-Lacrosse field, 1 regulation size baseball field. a pond, playground, and concession stand with bathrooms.*

For more information contact the Sweden/Clarkson Recreation Center at 431-0090.

### **Clarkson Recreation Park**

The town of Clarkson is proud to announce the opening of their newest fields on Ridge Rd.

May 1, 2011 there will be a lodge available to rent please contact the town clerk at 637-1130 for details.

#### Weather Cancellation Hotline

Recreation Program status is updated on the 24-hour Information hotline @ 585-431-0085.

The hotline is updated by 4:30pm each day based on weather conditions!



### **Rental Fees for Sweden Town Park, & Community Center Grounds**

Residents: \$40.00 per field per 4 hour block

Non-Res.: \$60.00 per field per 4 hour block

Field Preparation: \$20.00 per field per day

# Sweden Senior Center and Farmers Museum Facility Use

## Sweden Senior Center - Facility Use Fees

Space Available	1 <sup>st</sup> Hour Resident	1 <sup>st</sup> Hour Non-Resident	Additional Hours
Upstairs Multi-Purpose Room	\$25.00	\$35.00	\$15.00
Craft Room	\$20.00	\$30.00	\$15.00
Dining Room Only	\$25.00	\$35.00	\$15.00
Dining Room with Kitchen	\$35.00	\$45.00	\$25.00
Dining Room with Game Room	\$35.00	\$45.00	\$25.00
Dining Room/Kitchen & Game Room	\$45.00	\$55.00	\$25.00

\*\*\* There will be a \$20.00 per hour charge for staffing if rental takes place during non-business hours

\*\*\*A \$25.00 maintenance deposit is required at the time of application. This should be a separate check.

The deposit will be returned to you provided the areas reserved are left clean and undamaged.

- A set up fee of \$25.00 will be required if extra set-up is necessary.
- Additional fee(s) will be assessed for any damage that is done to the facility or it's equipment.
- All checks made payable to Town of Sweden.
- All events will be charged an additional \$25.00 per 50 people in attendance for maintenance fees.

## Sweden Farmers Museum- Facility Use Fees

Space Available	4 Hour Block Sweden Resident	4 Hour Block Non-Resident	Additional Hours
Farmers Museum (includes kitchen and 2 parlors)	\$75.00	\$100.00	\$15.00
Barn	\$100.00	\$125.00	\$15.00
Funeral Package  (2 hour rental includes kitchen and 2 parlors)	\$50.00	\$75.00	\$15.00

# Sweden Farmers Museum



The Sweden Farmers Museum was established in 2005 to preserve the Town's agricultural history; to educate adults and children through a variety of interactive activities; and to celebrate, at the community level, the successes and importance of local farming. The museum is located in a circa 1820's farmhouse on the crest of the Niagara Escarpment at the entrance to Lakeview Cemetery. The Town is currently in the process of restoring the farmhouse to its original condition. Many agricultural artifacts have already been donated to the museum and will soon be on display.

## Harvest 5K run results 2010



- 1 Zachary Ashley – 18:36:59
- 2 Allen Pogrozewski – 18:54:88
- 3 Michael West – 20:45:77
- 4 Mike Rockow – 20:48:58
- 5 Autumn Albrecht – 21:02:25
- 6 Vander Hart – 21:04:34
- 7 Jon Barleben – 21:27:56
- 8 Kellie Gregoire – 21:30:95
- 9 Roger Bolton – 21:32:03
- 10 Roxanne Smith – 21:33:98
- 11 Christopher Albrecht – 21:58:13
- 12 Bob Gates – 22:03:09
- 13 David Dandre – 22:06:04
- 14 Brian Schuff – 22:07:24
- 15 Brian Smith - 22:13:34
- 16 Bib #59 22:17:13
- 17 Ethan Sentiff – 22:36:30
- 18 Ron Paeth – 22:56:79
- 19 Marlene Paeth – 24:51:10
- 20 James Mashrodonato – 24:57:76
- 21 Chris Tonazewiki – 25:17:34
- 22 Benton Hart – 25:18:44

- 23 Benton Hart – 25:18:44
- 24 Denny Roach – 25:20:86
- 25 Kristen Progno – 25:52:75
- 26 Ray Storms – 25:59:37
- 27 Patty Jo Groenendaal – 26:22:21
- 28 Melissa Cone – 26:56:23
- 29 Ginger Hull – 27:17:87
- 30 Aimee Mazurek – 27:46:50
- 31 Corey Ruddock – 28:06:84
- 32 Bib #44 – 28:07:74
- 33 Jasmine Hart – 28:09:43
- 34 Debbie Thomas – 28:34:68
- 35 Bib #42 – 28:53:00
- 36 Brian Ferries – 29:20:40
- 37 Mary Ann Rutkowski – 29:32:75
- 38 Maddie Hart – 29:39:88
- 39 Maxwell Fadja – 30:02:65
- 40 Jennifer Daber – 30:22:54
- 41 Nathan Dandrea – 30:54:93
- 42 Jeffrey Page – 31:18:48
- 43 Spencer Progno – 31:22:34
- 44 Phyllis Brudz – 31:31:57
- 45 Jennifer Nather – 31:58:96
- 46 Katie Pezzimenti – 32:04:46
- 47 Norm Greiner – 32:16:70
- 48 Kristie Bittle – 33:13:48
- 49 Tammi McGraw – 33:26:04
- 50 ROTC – 33:28:79
- 51 Marcy Tobin – 33:52:06
- 52 Carrie Ruddock – 35:36:87
- 53 Rebecca Markel – 36:17:65
- 54 Liz Conrow – 36:18:08
- 55 Michelle Rennie – 36:18:33
- 56 Jenn Simmon – 36:18:60
- 57 Veronica Faulkenvitz – 36:19:55
- 58 Jessica Best – 49:03:28

"Save the Date" for the Sweden Harvest Festival and 5K Race on **September 17, 2011.**

Interested in renting the farmhouse??? It is now available for small functions..... birthday parties, showers, luncheon after a funeral. Please see previous page for rental fees!!!

The Sweden Farmers Museum will also be offering demonstrations and classes starting January 2011 every second and fourth Thursday at 7pm. \$5 includes dessert and coffee/tea. The price of the crafting materials are not included - also.....the schedule will be available at Country Treasures 61 Main St, Brockport, NY or call 637-5148

# Jazzercise

New Student  
Specials Available!

Child Care Available  
Upon Request Only

**AND**

In summer and on holidays!

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am		Jazzercise		Jazzercise		Jazzercise	
7:30am			Jazzercise		Jazzercise		
8:30am	Jazzercise						Jazzercise
9:15am		Jazzercise		Jazzercise		Jazzercise	
4:45pm			Jazzercise		Jazzercise	Jazzercise	
6:00pm		Jazzercise	Jazzercise	Jazzercise			

## JAZZERCISE

The original dance exercise phenomenon! Each 60 minute workout is a fusion of dance and muscle toning movements choreographed to today's hottest music. Our instructors make all the routines fun and easy to follow. Every class includes a gentle warm up, 30 minute aerobic workout, muscle toning and strengthening segment with weights and a stretch finale.

Call for more information

(585) 738—3555

Or visit.....

[www.jazzercise.com](http://www.jazzercise.com)

## BODY SCULPTING BY JAZZERCISE

Sculpted arms, tight abs, and firm, shapely legs are the primary focus of this challenging 40-50 minute muscle toning workout which features a creative combination of weight training and stretching.

**\*\* BODY SCULPTING WILL BE OFFERED ON THE 1st WEDNESDAY OF EVERY MONTH AT EVERY CLASS!!**





# Registration Form

Sweden/Clarkson Recreation  
4927 Lake Road  
Brockport, NY 14420  
585-431-0090

Received  
By:

Making a larger community smaller  
through recreation!

Office Use Only

Keystone: \_\_\_\_\_ Date: \_\_\_\_\_ Initials: \_\_\_\_\_  
Amt Pd: \_\_\_\_\_ ID # \_\_\_\_\_  
Financials: \_\_\_\_\_ Date: \_\_\_\_\_ Initials: \_\_\_\_\_

## SECTION I

Participant Name: Last \_\_\_\_\_ MI \_\_\_\_\_ First \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Grade: \_\_\_\_\_ Sex: M\_\_\_\_ F\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_ Town/Village: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_

If applies: Parental Contact #1: \_\_\_\_\_ Relationship: \_\_\_\_\_

Parental Contact #2: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact (other than parent): \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Special Needs/Limitations/Medications: \_\_\_\_\_

Medical Provider \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

## WAIVER FOR PARTICIPATION

In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent to some recreational programs, I herby, for my child, my heirs, executors, and administrators, waiver and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden/Clarkson Recreation Department Registration/Refund Policy. Refunds are subject to a processing fee.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(If under 18, parent or guardian signature required)

## PHOTO RELEASE

I \_\_\_\_\_, hereby give the Sweden/Clarkson Recreation Center permission to use my son/daughters name and photo in the local news papers.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## SECTION II

Please list month you are registering for. (Add \$5.00 for non-residents)

Program Name	Program #	Program Fee
_____	_____ - _____	\$ _____
_____	_____ - _____	\$ _____
Non-resident fee	_____ - _____	\$ 5



Form of payment: Cash \_\_\_ Check \_\_\_ Credit \_\_\_ Credit Card # \_\_\_\_\_ Exp. \_\_\_\_\_

Are you willing to Coach? Yes \_\_\_ No \_\_\_

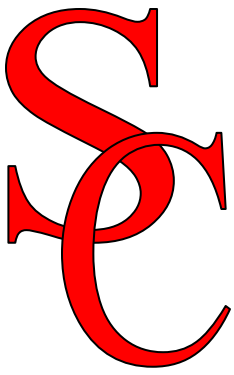
T-Shirt Size: YOUTH \_\_\_ ADULT \_\_\_ SMALL \_\_\_ MEDIUM \_\_\_ LARGE \_\_\_ X-LARGE \_\_\_ XX-LARGE \_\_\_

Shorts/Pants Size: YOUTH \_\_\_ ADULT \_\_\_ SMALL \_\_\_ MEDIUM \_\_\_ LARGE \_\_\_ X-LARGE \_\_\_

**PROCESSING:** Registrations received after 12pm will be processed the next business day. Registrations received on Saturday or Sunday will be processed on Monday or the next business day.

## REFUND POLICY

Refunds will be given to anyone who cancels from a program at least one week (5 working days) prior to the start of the program, or in the case of sports programs, 3 weeks prior to the 1st practice.. There will be no refunds given for a program once it has begun, unless it is cancelled by the Recreation Department. A refund may be allowed in the event of illness or injury if a doctor's note is provided. All refunds will be subject to a \$10.00 processing fee per person/per program. **Certain programs, such as the fitness center are non-refundable.**



**Sweden/Clarkson Community Center**

4927 Lake Road South  
Brockport, NY 14420  
Phone: (585) 431-0090  
Fax: (585) 431-0052  
www.swedenclarksonrec.com

**THANK YOU!!!**

The Sweden/Clarkson Community Center and the Sweden Foundation would like to thank the following local businesses and organizations for their continued support of our programs and facility.

**GOLD DONOR**

**TIM HORTONS OF BROCKPORT**

**THANK YOU:**

- Sara's Farm Market
- Wegmans of Brockport
- Walmart of Brockport
- SUNY Brockport REL Class
- SUNY Brockport Lions Club
- Theta Phi Chi
- SUNY Brockport Circle K
- Nancy Breslawski
- Mark Rinnie
- Dave Callahan
- Allens of Brockport
- Marks Pizzeria
- Pat Connors
- Paul Kimball
- Barb Whited
- Dan Breslawski

**Sweden Town Board**

- Jack Milner, Supervisor
- Robert Carges, Councilman
- Patricia Connors, Councilwoman
- Mike Myers, Councilman

**Clarkson Town Board**

- Paul Kimball, Supervisor
- Patrick Didas, Councilman
- Sheldon Meyers, Councilman
- Allan Hoy, Councilman
- Christa Filipowicz, Councilwoman

**RECREATION DEPARTMENT STAFF**

**Recreation Director**

Dave Scott, CYSA

**Recreation Supervisor**

Breanne Krucher

**Recreation Leader**

Ricki DeBaun

**Recreation Assistants**

- Jill Wisnowski
- Leonard Ward
- Nick Berlin

**Program Assistants**

- Carrie Graham
- Dottie Coia
- Charlie Hutton
- Katie Stieve
- Markell Collins

**Administrative Assistant**

Amy Merrill

The Sweden/Clarkson Recreation Staff are members of the following professional organizations:

- National Recreation & Park Association*
- New York State Recreation & Park Society*
- Genesee Valley Recreation & Park Society*

**OOPS!**

The Sweden Clarkson Recreation Department has made every effort to prepare this brochure as accurately as possible. Nonetheless, errors may make it into print. There may be some circumstances where adjustments may need to be made to program dates, times, fees, etc.. The Sweden/Clarkson Recreation Department reserves the right to make these changes. We apologize for any inconvenience.